CPA is a fellowship of men and women who share their experience, strength and hope with each other, so that they may solve their common problem and help others to recover from the disabling effects of chronic pain and chronic illness. We believe that changing attitudes can aid recovery.

The only requirement for membership is a desire to recover from the emotional and spiritual debilitation of chronic pain or chronic illness. There are no dues or fees for CPA membership. We are self-supporting through our own contributions. CPA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to live our lives to the fullest by minimizing the effects of chronic pain and chronic illness in our lives and helping others to do the same. We do this by practicing the Twelve Steps, and welcoming and giving comfort and understanding to each other.