



*“... a fellowship for those with
chronic pain and chronic illness.”*

**6TH ANNUAL
2022 WORLD SERVICE CONFERENCE
SUMMARY REPORT**

January 30, 2022

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WELCOME

Submitted by: Bruce

Service Body and Position: CPA Board of Trustees: Professional Advocacy

Hello, this is Dr. Bruce Singer, a CPA Trustee and member of the Professional Advocacy Committee. It is my honor and pleasure to welcome each of you to our 6th Annual Chronic Pain Anonymous World Service Conference. This year commemorates the eighteenth year of our existence, and CPA has grown from a chance meeting in Baltimore to a worldwide service organization dedicated to the ideals of helping its members to recover from the emotional and spiritual debilitation of chronic pain and chronic illness.

The past two years have presented all of us with a once-in-a-lifetime challenge. CPA has responded by using its mission to grow a deeper worldwide community focused on creating serenity and purpose. I find it remarkable that CPA continues to connect the fellowship to a higher purpose in life, not despite our physical conditions but because of them.

There were many changes on the Board of Trustees in 2021 as some long timers departed and new members arrived. From my perspective as a senior member of the Board, this transition has gone better than could have been imagined. I would like to ask us all to keep the idea of gratitude in our hearts today. It's the eternal flame that passes from person to person, and the new members of the Board have happily embraced the challenge of keeping the fires of gratitude and compassion burning brightly for all of us. Today, we all have a chance to rekindle our collective passion for CPA.

I find that the longer I stay connected to CPA, the more I see how we can all weather challenges and transitions and do so with a higher purpose guided by a Higher Power. I have great confidence in the Board as it exists now and look forward to the positive work it will do, not just this year but in the years ahead.

I want to remind us that we are here today at this World Conference not just to work on the priorities of our agenda but to celebrate the fact that this *is* a World Conference and that CPA has brought fellowship to individuals on nearly every continent. When we come together on a day like this – or by attending a CPA meeting – we choose *fellowship* over isolation and communion over pain and suffering. So, I want to thank each of you for making the time to participate in CPA to the extent – and in any way – that you can.

Now, on to some basic business for our Conference. I'd like to turn it over to Billy to share the agenda with you briefly and, most importantly, let you know that we've kept short breaks in the agenda today to give us all a chance to catch our breath.

PRESIDENT OF THE BOARD REPORT

Submitted by: Jes

Service Body and Position: CPA Board of Trustees: President

As a new member of the Chronic Pain Anonymous Service Board (CPASB) and having only served as President for six months, my perspective of the CPASB and the 501(c)3 corporation is young. The youthful nature of my view of things is full of excitement and perhaps some naivete. I have served on other non-profit boards before, and I bring the knowledge and experience of those positions with me to this opportunity. I hope that Higher Power (which I choose to call Love) will guide me along the way. I feel the weight of this job and pray that I can live up to the tasks laid before me.

We have seven new members of the CPASB this year. And as I understand it, we have the largest board we have ever had in CPA. That means there are many people working hard each month to keep our non-profit strong and growing. We hope that we can serve Higher Power and reinforce our non-profit corporation's foundation, so we can build our fellowship to a place where anyone who needs help will easily find the hand of CPA.

I want to take a moment to thank the people who have laid this beautiful fellowship at our feet and who have moved on from their tireless service to CPA. Let's take a moment of silence to share our appreciation to these members who have retired from the CPASB this year: Anastasia, Judith, P. Christine, Jan, and Lauren.

Thank you! None of us would be here if it weren't for our founding members or these recent trusted servants. We should always be grateful for those who have made this all possible. As I look around at our service structure and all the people involved in keeping CPA running, I'm amazed by the love and devotion I see.

CPA is a tiny, young Twelve Step fellowship, only eighteen years old. As a board of trustees, we are so lucky to have such close contact with our membership. There are people here today who are pretty new to CPA, and yet they have the opportunity to come here and represent their group. They have the responsibility to speak to all of CPA about their group's ideas and thoughts. We are seeing the Twelve Traditions and Twelve Concepts in action, and it inspires me to this work.

I think of all the years of dedicated work one would have to accomplish to be in the running for the position of delegate to the World Service Conference in one of the original Twelve Step fellowships. And I think what an honor and privilege it is that we get to be a part of service on this level. I know I'm deeply grateful for the opportunity to grow, learn, and serve.

In the coming year, we hope to strengthen our CPASB committees (Public Information and Cooperation with the Professional Community) by breathing new life and fresh ideas into the mix. We are opening up these public-facing committees to the

membership, so anyone who is interested may join. (Please contact me at board@chronicpainanonymous.org or Letha at serviceoffice@chronicpainanonymous.org for more information about this.) We hope that one day, CPA will be as commonly known as some of the founding Twelve Step fellowships, which will allow for anyone, anywhere who is reaching out for help to receive the hand of CPA.

A new committee has been formed, a Finance Committee that will closely look at the ways in which we can maximize each dollar contributed to CPA. And we can make sure that our spending allows for the will and health of the fellowship to lead our every decision. Look out for announcements and requests for your feedback about your 7th Tradition contributions and how we can best nurture an atmosphere of giving in our meetings and interactions.

Let's remember that CPA is us. We are all responsible, and we are all in this together. This is the only place where I get to see up close, people holding one another up, making sure people with all limitations have a voice, and where mistakes aren't tolerated but celebrated. We are learning how to show up as we are, in the moment. We can be hurting and happy, in pain and peaceful, f'd up and fabulous! And we are learning how to do it together!

EXECUTIVE DIRECTOR REPORT

Submitted by: Letha

Service Body and Position: CPA General Service Virtual Office: Executive Director

It has been my honor and privilege to serve CPA as Executive Director since May 7, 2021. During the course of last year, all CPA service bodies underwent major leadership transitions. From the Board, to the General Service Virtual Office (GSVO), to the General Advisory Council (GAC), and Intergroups, new trusted servants stepped forward and found their footing. Of course, there were stumbles along the way, but it has been made clear to me time and time again that Higher Power continues to guide, care for, and support CPA and that the group conscience process best facilitates thriving and exciting teams. Our common welfare does indeed depend upon unity, and there is nothing we cannot do together. Go, Team!

I, as Executive Director, oversee the GSVO and am directly responsible to the CPA Board of Trustees. The GSVO is composed of the bookkeeper; literature management, which includes the CPA Store and publishing arm; the Meeting Liaison; the Literature Committee; History/Archives; and the website and all social media.

It was a joy to welcome our new CPA Store Manager, Sherry, and our new Literature Committee Chair, Mica, to the GSVO team. I am excited to institute the GSVO all-staff quarterly meetings in 2022.

Even during the challenging transition year, the GSVO continued to handle the day-to-day operations, thereby fulfilling CPA's primary purpose of carrying its message of hope. Thanks to our Concepts' spiritual principle of delegated authority and to our dedicated, hardworking volunteers, our bills get paid, inquiries are responded to in a timely manner, folks can easily find CPA information, and new literature is in the works.

The GSVO also exists to implement decisions of the WSC. The new Conference Approved Literature (CAL) from the 2021 WSC is available and printable on the CPA website. For the sake of fiscal prudence and the lack of demand due to the pandemic, color printing and making these items available for purchase in the CPA Store remains on hold. At this time in our CPA history, literature is not a source of revenue. It is a service expense.

Your 7th Tradition contributions, and your contributions alone, are what fund CPA services and allow the GSVO to run. I thank you for your ongoing support.

I would like to take a moment to thank by name your GSVO staff: Alisa, Catherine, Laurelle, Mica, Sherry, and Terry M. You are amazingly gracious and generous volunteers, and CPA would suffer without you!

If you would like to join our GSVO team, consider the open position of History/ Archives. It is a simple and straightforward position that asks you to record CPA events and occurrences once a quarter (only four times a year). No experience is needed as you and I will work together to get you started. Please email me at serviceoffice@chronicpainanonymous.org and request an application.

Please see the WSC Summary Report in a couple of months for my full report of all the accomplishments in 2021 – there are a lot. I do, however, wish to share with you, in true CPA fashion, the accomplishment I am most proud of in 2021: after three years of intensive CPA service, I took a two-week vacation!

Thank you for allowing me to serve Chronic Pain Anonymous. And, of course, Go, Team!

VOTING PROTOCOL

Billy – Welcome, Delegates.

Thank you in advance for your attention regarding our WSC voting protocol.

Warranty Four states “that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity.”

When possible, issues are discussed until there is certainty that all minority opinions have been heard and most people can support the decision. Usually a two-thirds acceptance means a motion passes, but this ratio is decided at the Conference each year.

Substantial unanimity is the calculation of two-thirds of total members voting on any given item – not the total of registered delegates. Delegates may need to leave during the Conference for self-care or other reasons. The secretary must be notified prior to any change of delegate for a voting session. We are guided to consider all viewpoints and strive for substantial unanimity. Differences can be discussed, and a solution can be found. We listen to others and have permission to disagree, and we abide by the group vote.

Mica – Hey, wait a second. I have a few questions. I have read through the voting protocol a few times and the more you guys explain it to me, the more it makes sense. Can you explain substantial unanimity in a different way?

Billy – Substantial unanimity is when we have at least two-thirds of the fellowship championing what we are voting on. CPA does not aim for just 51% as in the simple majority vote. We strive for greater backing from the fellowship.

Mica – That helps, Billy. Thanks!

Billy – My pleasure. Moving on... We are grateful for our trusted servants Jes, Letha, and Terry M., who graciously volunteered to relinquish their votes to meet quorum and tally votes by reading the roll call, recording individual votes, and calculating substantial unanimity for each vote.

Mica – Wait a minute, what does quorum mean again, and why are some people giving up their votes?

Terry M. – The CPA Service Handbook states in the description section of Concept 4: *There is balance in that the Service Board of Trustees and service workers together makeup no more than one-third of the voting at the WSC.* So, some members of the WSC Planning Committee volunteered to surrender their votes. This is so the fellowship has the majority voice during the Conference. Our Charter states: A quorum consists of two-thirds of the delegates registered for the WSC. So please note that if,

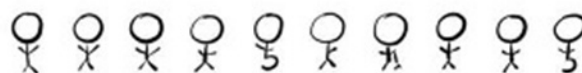
for some reason, 1/3 of all delegates left the conference, we would not meet quorum and would have to end the WSC.

Mica – Thank you for explaining that. I have another question. When you abstain, how does that affect the vote count?

Terry M. – Abstentions do not count in tallying the vote negatively or positively; when members abstain, they are in effect attending only to contribute to a quorum. This means we need 2/3 bodies of all attendees be present to vote. Abstentions still count toward substantial unanimity, and if the two-thirds are not met, the motion does not pass. Decimal points are rounded to the closest whole number.

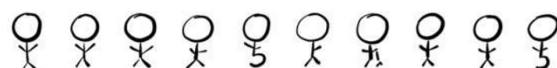
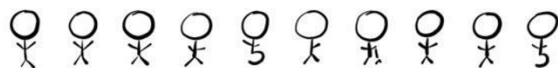
Mica – Doesn't an abstention still count as a no vote then?

Jes – I think I can help here. It is important that every delegate present for a vote understands their responsibility to that vote. You are counted whether you vote yes or no or abstain.



every voter must be counted

Enough abstentions might keep something from passing; however, that means that the item up for vote didn't have enough delegates championing the cause.

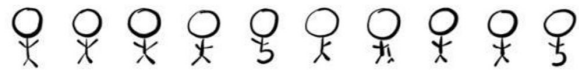
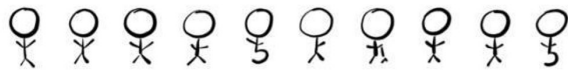


voted down



not enough support to pass

It wouldn't be an accurate representation of the fellowship's support of something if it passed with only three votes because everyone else abstained. Let me show you...



PASSES: substantial unanimity



consensus or what we strive towards

Mica – I think that visual will really help it stick this time. One more thing. Can you remind me of the importance of the minority opinion?

Letha – I can help with that. **Concept Five** honors the Right of Appeal/Minority Opinion. Any delegate may state their minority opinion, which ensures all views are honored and considered.

Once the minority opinion is shared, the chair asks if anyone who voted in accordance with the popular vote wishes to change their vote. If no one does, we move on with the agenda. If even just one person does wish to change their vote, the chair will ask for a motion and a second to retake the vote. Keep in mind that if no one seconds the revote motion, the motion dies and we move on with the agenda. If there is a second to taking a revote, the voting process begins again by the chair calling for discussion time.

And please remember that any member is welcome to request a moment of silence or the recitation of the Serenity Prayer before any vote, as we seek Higher Power's will for CPA, not our own.

Mica – Thank you all for explaining all this...again.

Terry M. – Thank you, Billy, and our WSC Planning Committee Team.

At this time, total voting participants are 42. A passing vote is 29 persons in favor. This will be recalculated prior to each item voted upon.

I would like to take a vote right now. Do we have a motion that 2/3 of participants voting qualify as a "substantial unanimity"? YES. And a second? YES. Thank you. MOTION: PASSES.

Thank you for allowing me to be of service and for your delegate service in support of our primary purpose.

PROPOSAL FOR FELLOWSHIP APPROVAL

“Proposal to change ‘men and women’ to ‘people’ in CAL”

CPA strives to be a fellowship of inclusivity, and this proposal follows that principle. As not all our fellowship members (past, present, and future) identify as a “man” or a “woman,” we propose that our literature be updated to reflect this reality. This is a three-part proposal to replace the term “men and women” with “people” in CPA’s Conference Approved Literature (CAL).

PROPOSAL PART A

This is a proposal to change “men and women” to “people” in the Preamble. The Preamble is located in the Preface of *Stories of Hope* and on the chronicpainanonymous.org website located under Resources, Meeting Materials, Materials for Meetings, CPA Preamble. The website version would change as soon as possible. The Preamble in *Stories of Hope* would change when a 2nd edition of the book is printed, and so on.

A “yes” vote also means any new Conference Approved Literature that chooses to include the Preamble would be printed with this updated version of the Preamble.

CPA Preamble

CPA is a fellowship of people who share their experience, strength, and hope with each other, so that they may solve their common problem and help others to recover from the disabling effects of chronic pain and chronic illness. We believe that changing attitudes can aid recovery.

The only requirement for membership is a desire to recover from the emotional and spiritual debilitation of chronic pain or chronic illness. There are no dues or fees for CPA membership. We are self-supporting through our own contributions. CPA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; and, neither endorses nor opposes any causes.

Our primary purpose is to live our lives to the fullest by minimizing the effects of chronic pain and chronic illness in our lives and helping others to do the same. We do this by practicing the Twelve Steps, and by welcoming and giving comfort and understanding to each other.

– Motion approved/Motion seconded

Discussion – PRO:

- AA initially voted on this – the exact wording.
- Keep it simple/Like it simple.

- Like that it not only addresses gender, it takes the age issue out/Inclusive for teens.
- The “We” of the program lends itself to people.
- Love the inclusivity of the proposal.
- Thanks to the Literature Committee and all their hard work.
- Some people have Higher Power that are gender fluid, this is very important to them.
- This change represents to our current and future members that we want to be inclusive.
- Takes nothing away from anyone/Gives so much hope to many now and in the future.

Discussion – CON:

- Wish we did not have to wait a year to vote.
- Strong beliefs in God, who created us, gave us genders at birth.

VOTE = FOR: 41 AGAINST: 0 ABSTAIN: 1 MOTION: PASSES

PROPOSAL PART B:

This is a proposal to change “men and women” to “people” in the “All About Service” brochure and in sections of *Recipe for Recovery* and *Stories of Hope*. In the “All About Service” brochure, this change would happen as soon as possible. In the books, these changes would take place when a 2nd edition of each book is printed, and so on.

A “yes” vote would also mean that going forward, the word “people” would be used in new Conference Approved Literature whenever referring to the members of the fellowship as a whole.

A “yes” vote would be approving the change of “men and women” to “people” in the following places (we are not looking for feedback on any other aspects of these texts):

Brochures:

- “All About Service” – introduction

Chronic Pain Anonymous (CPA) is a worldwide fellowship of people from all walks of life who live with chronic pain and chronic illness. Members come together to support each other and learn how to find serenity and a meaningful life while living with the disabling effects of their physical health conditions.

Recipe for Recovery:

- “About Step Study,” “A Note on How the Book is Organized” – 1st paragraph

Each chapter will have a list of “Ingredients,” the psychological, emotional, and spiritual aspects that best go into working that Step; a “Description” of what the Step will help us learn and discover and lead us to on this journey; and “Directions,” which are ways

that members have worked on the Step. Feel free to use these Directions exactly as suggested or as jumping-off points and inspiration for you and your sponsor. At the end of each Directions section, you'll find "Working the Step," a list of questions to help you delve deeper and explore all facets of that Step. The "What It Looks Like" section ends each chapter. These are personal experiences, written by the people of CPA, who describe how they applied a Step when living with chronic pain and chronic illness. They illustrate what the Step looks like when it is applied in one's daily life.

- "Conclusion," – 3rd paragraph

With the guidance of our Higher Power, this is a program of new patterns of perception and being—of transformed thoughts and actions. It makes possible what we thought was not: to see ourselves as people deserving of love and kindness and happiness, living expansive, meaningful lives. It is a recipe for renewal, for joy, contentment, and belief in ourselves and others, which many of us had thought was lost forever.

- "Stories of CPA Recovery," – 1st paragraph

Chronic Pain Anonymous was created in 2004. Since then, many people have benefited from the tools and principles of our program based on the Steps described in this book. In the stories that follow, the people of CPA share their personal journeys on the path to recovery from the hardships of chronic pain and chronic illness. They describe how this simple spiritual program improved their lives, showing them the way to live "peacefully, joyfully and comfortably with ourselves, and others."

– Motion approved/Motion seconded

Discussion – PRO:

- It is inclusive no matter what their background – Great change.
- Conveys a message that CPA is an open and affirming community regarding everything.
- Plenty of peer-reviewed scientific studies about the gender spectrum.
- Thrilled that we have a chance to support the newcomer by being more inclusive.
- Famous quote "We the people to form a more perfect union."
- "People" does not take away male or female from the person who identifies as such.
- This is loving, deserving of love and dignity.
- Would this be the same if it were originally written "people"?
- Traditionally we see "men" written first; "people" takes this out of the equation.
- This is just about growing.

Discussion – CON:

- Strong beliefs in God, who created us, gave us genders at birth.

VOTE = FOR: 41 AGAINST: 0 ABSTAIN: 1 MOTION: PASSES

PROPOSAL PART C:

This is a proposal to change “men and women” to “people” in the personal stories in *Recipe for Recovery* and *Stories of Hope*. These changes would take place when a 2nd edition of each book is printed, and so on.

A “yes” vote would be approving the change of “men and women” to “people” in the following places (we are not looking for feedback on any other aspects of these texts):

Recipe for Recovery:

- “Suffering is a State of Mind” – 14th paragraph

Chronic pain does not discriminate; in our meeting, we have people, young and old, and a diversity of racial, ethnic, and socioeconomic statuses. Within this fellowship, we are all able to guide and support each other to live a fulfilling and serene life, despite having chronic pain and illness. We do this by embracing the CPA principles through the literature and by working the Steps.

Stories of Hope:

- “Courage” section, John Coltrane quote – 4th paragraph

Today while at the mechanic’s garage I wheeled my chair outside where some people were taking a smoke break. Our conversation came around to why I was in a wheelchair, as it usually does. How awful it seemed in their minds. I told them it wasn’t that bad if one were able to accept reality. We can’t control the cards we are dealt in life, but we can control how we respond. Well, our group of smokers and nonsmokers started to grow as the conversation moved into being responsible for our lives and accountable to ourselves and others. I don’t think many of these people often engaged in this type of conversation. Before I started talking there was a lot of complaining. After I got involved, that mood changed . . . it was a lot of fun!

– Motion approved/Motion seconded

Discussion – PRO:

- It has always been my understanding that when stories are submitted, they will be edited.
- The important thing is that these stories are given to the fellowship, it is intended to represent the entire fellowship and is not intended for one person.
- It is what we put forth as our values, views, what it means to work for the fellowship.
- Literature Committee tries its best to edit stories as little as possible.
- Stories reflect everyone and are more universal.
- Collecting 400 essays gets turned into 366-page book takes heavy editing. Once it is given to CPA, CPA owns it.
- All literature should have the same words (people vs. men and women).

Discussion – CON:

- Direct quote from John Coltrane – not appropriate to change a direct quote. (Changes will be in the body, not direct quote.)
- I would have wanted to be in the know if it was directly from me. People should be told if their story is being changed.
- The fact that it is a personal story and are frequently changed. Sometimes they get to see it, sometimes they don't.
- This changes the intent of the paragraph, suggestion for the future – the committee comes up with better change as to not change the intent.
- The proposal says that it is not open for discussion, our group did not discuss. (Proposal was misread.)
- Stories may have specifics; this proposal is for these two stories. I don't think someone's stories should be changed.
- Once they are published, we really need to leave them alone. Why were these two put together, and why not each as their own vote?
- Very against changing stories once they are published.
- Our primary purpose is to carry the word to the newcomer, be inclusive. If my words were changed maybe that's not ideal. Small details are way less important, times are changing, there are so many more ways of speaking to gender.

VOTE = FOR: 31 AGAINST: 9 ABSTAIN: 2 MOTION: PASSES

WRITTEN REPORTS

EXECUTIVE DIRECTOR

Submitted by: Letha

Service Body and Position: CPA General Service Virtual Office: Executive Director

Accomplishments in the past year:

- Reported at monthly CPASB meetings.
- Worked to delineate and clarify the position of Executive Director and Publishing Manager.
- Acted as a bridge for the CPASB in the absence of any Board officers.
- Processed all CPASB applications.
- Worked extensively with the Executive Committee, which consists of the Meeting Liaison and CPASB President during the 2021 leadership transition.
- Secured logins and passwords on all GSVO accounts post transition with the assistance of the Web Design Team
- Processed three CPA email accounts: Inquiry@chronicpainanonymous.org, Serviceoffice@chronicpainanonymous.org, and Literature@chronicpainanonymous.org.
- Forwarded invoices to the bookkeeper.
- Managed CPA Zoom account.
- Reported at monthly GAC meetings and sat on the Unity Committee.
- Chaired the 2021 WSC Planning Committee.
- Met monthly with the Web Design Committee.
- Met monthly with the Literature Committee.
- Met monthly with the Public Outreach Committee.
- Assisted in the restructuring of the WSC Planning Committee, Literature Committee, and Public Outreach Committee.
- Assisted in the restructuring of the CPA Store procedures and trained our new Store Manager.
- Sat on the Translation Committee.
- Filled in for the History/Archives position.
- Took a two-week vacation over the winter holidays.

As Publishing Manager:

- Assisted in the publishing of *Our Common Welfare*.
- Completed the audio books publication process.
- Notified all publishing partners of the position transition.

Current projects:

- Conducting a performance review of all independent contractors (bookkeeper, editors, designers, etc.).
- Finding inconsistencies in our Dropbox documents in preparation for a document move to a different storage platform.
- Establish a quarterly all-staff meeting.

Metrics where applicable:

N/A

FINANCIAL

Submitted by: Janet
Service Body and Position: CPA Board of Trustees: Treasurer

Accomplishments in the past year:

We are thrilled to have approved the formation of a Finance Committee. This will provide us with group participation for the prospects of financial expansion and budgeting for 2022.

End-of-year financial summary:

Cash on Hand: \$14,330

Income and expense:

Total Income: \$15,140

- Sales of books and literature: **\$3,287**
- Donations from individuals: **\$9,844**
- Donations from groups: **\$1,387**

Total Expenses: \$10,700

- Accounting and bookkeeping: **\$2,970**
- Books and literature: **\$5,014**
- Other miscellaneous expenses – mostly operations such as postage, office supplies, printing of brochures, website, phone, and bank fees

The full financial statement will be available at the end of the WSC summary report.

The difference between our income and expenses does not allow for a prudent reserve, which is not only a necessity but a priority as well. With this goal, we will not only build a safety net but will provide funds for projects that are in the works and future projects as well.

Current projects:

- New budget format to improve financial foresight and planning
- Improve and grow our 7th Tradition culture over the next years so that we can grow and meet the needs of current and future members

On that note, I would like to remind all of us that CPA is funded solely by our members' donations. As members, we benefit from a multitude of support and services that come at no direct cost to us. Most times, we are not physically able to pass a basket for our donations. Because of this, I ask that you please take a few moments of your time today to send in your 7th Tradition donation in order to keep CPA around for all of us to grow and to share our experience, strength, and hope with existing and new members.

Delegates thank you in advance for reminding the members of your meeting about this when you report on this conference.

Metrics where applicable:

N/A

MEETING LIAISON

Submitted by: Terry M.

Service Body and Position: CPA General Service Virtual Office: Meeting Liaison

My name is Terry. I live with chronic pain and illness, and I am grateful to serve as CPA's Meeting Liaison. I transitioned smoothly into this position in January 2021 after a wonderful apprenticeship – thank you, Letha and Judith!

Here is a summary report for 2021:

We currently have 53 CPA meetings on 7 different platforms:

- 15 Face-to-face, 9 Phone, 26 Video, 3 Online
- In 2021, we added 10 new meetings: 1 phone meeting (which is also our first German-speaking meeting), 7 videoconference meetings, and 2 online meetings on different platforms

Last year, CPA received 131 phone and email inquiries from people living with chronic pain and illness, healthcare professionals, insurance providers, and people looking for guidance to start new meetings. Thank you to the Meeting Liaison Inquiry Team and others (including Beth S., Margaret, Tom, Leila, and David M.) for your help in providing prompt and personalized responses to people reaching out to CPA!

A special thanks to our Web Design Team, especially Alisa! It is a joy to work with you.

I am excited to share that Paula S. is coming on board as Meeting Liaison Apprentice! The Meeting Liaison desk can be a busy one, and I am very grateful for the supportive service culture of CPA. Thank you for letting me be of service – together we can do what I can't do alone!

Accomplishments in past year:

- My apprenticeship prepared me well, and the transition to Meeting Liaison was smooth and comfortable – thank you, Letha!
- Participated in the Unity Committee and Translations Committee.
- Beth S. and Margaret joined the Meeting Liaison Inquiry Team.
- Paula S. is our new Meeting Liaison Apprentice!

Current projects:

- Reply to phone and email inquiries, help register new meetings and coordinate with the Web Design Team for website changes – thank you, Alisa!
- Complete tasks relating to tracking and communicating with group representatives (GRs) for the GAC and delegates for the WSC.

Metrics where applicable:

- Replied to 131 phone and email inquiries (115% increase from 61 inquiries in 2020)
- Sent an average of 75 emails/month
- Registered groups:

	Total	Added in 2021
Face-to-face	15	--
Phone	9	1
Video	26	7
Online	3	2
	53	

LITERATURE COMMITTEE

Submitted by: Mica
Service Body and Position: CPA General Service Virtual Office:
Literature Committee Chair Accomplishments

In the past year:

- The literature committee released audiobook versions of the books *Recipe for Recovery* and *Stories of Hope*.
- We proposed an update that would change the words “men and women” to “people” in the preamble, in the “All About Service” brochure and *Recipe for Recovery* and *Stories of Hope*, and/or in two of the submitted vignettes in *Stories of Hope*. The books would be changed in the future, when they are released as second editions.

Current projects:

- New projects include the One Night at A Time Bookmark and an anonymity brochure.
- Ongoing projects include a sponsorship brochure, the “What is the WSC?” brochure, and a daily reader meditation book.
- In the area of public outreach, we are working on the following new projects:
 - o CPA Fact Sheet
 - o Health Professional Brochure
 - o CPA Guidelines for Speaking to Non-CPA Audiences
 - o Public Outreach Workbook

Metrics where applicable:

N/A

Additional information:

- I took over as literature committee chair in July 2021.

SOCIAL MEDIA

Submitted by: Catherine/Laurelle

Service Body and Position: CPA General Service Virtual Office:
Social Media Coordinator

Accomplishments 2021:

Laurelle and Cat consistently posted memes with quotes from CPA literature and answered Facebook messenger queries and looked good doing it. CPA purchased an Adobe Sparkpost account (now called Creative Cloud Express) to create memes and set up a social media email account: socialmedia@cnronicpainanonymous.org

January 2021 – January 2022 social media stats:

Instagram: up about 200 followers to 1,159 total

Facebook: up about 300 likes to 2,900 total

Twitter: 484 followers total

Specific 2021 Facebook metrics according to page likes:

- Audience: 86% women and 13% men
- Top 5 cities w/r/t page likes: San Juan, New York City, Mexico City, Phoenix, Los Angeles
- Top country w/r/t page likes: 75% USA

2022 planning:

Laurelle to take over position and get apprentice (with continued help from Cat).

STORE MANAGER

Submitted by: Sherry D.

Service Body and Position: CPA General Service Virtual Office: Store Manager

My name is Sherry D., and I live with chronic pain and illness. In August of 2021, I became the Manager of the Chronic Pain Anonymous Store. I received excellent training for the duties that this job entailed. I obtained the literature and the proper files from the former manager.

I learned that the duties of this position were to receive the orders from Blue Host, fulfill said orders, and create two copies of the invoice (one for the recipient and one for the files). At this time, the package would be weighed to figure out the most economical way to ship it. Then I would go to the post office, mail the order, and obtain a receipt for our records. Lastly, the order is marked completed on Blue Host.

From January 2021 to the end of December 2021, the Store fulfilled twenty-six orders. The Store also purchased a postage scale from Amazon. Additionally, there was a cost incurred when the Store's materials were mailed to me. The only other expenses incurred were postage.

I am most appreciative of those who selected me for this position. I love doing service work, and this position makes me happy. If I had to make an improvement, it would be to have more orders to complete.

WEBMASTER

Submitted by: Alisa

Service Body and Position: CPA General Service Virtual Office: Webmaster

Accomplishments in the past year:

The Web Design Team is very grateful for another productive and exciting year. We had many changes to the team this year and still have seen our work improve the website as a whole, to ensure our members have what they need on a daily basis.

2021 saw a change in our Executive Director, so our team went through a transition of members. During this transition, we used our new literature, *Our Common Welfare*, to help us ensure our work was being done in line with our traditions and our service structure flow chart. We saw ourselves interacting with and collaborating with other committees within CPA more often, which means more members' voices were being heard regularly when it comes to their experience, strength, and hope in relation to using the website.

As always, this team's goal is to ensure the website is accurate and functioning. Most of our work is updating meeting information and adding any special events to the calendar. We also regularly use a "test" website to update software, making sure the updates play nice with the rest of the website. Once tests are run successfully, we then update the actual website that all of you use. This ensures if an update breaks the website, members themselves don't have to deal with the website being down.

Our main focus on improvements this year was making sure both new and current members have easy access to information about CPA, including our history, how we are structured, and access to documents. The menu was tweaked in a couple ways to make it easier for members to find what they are looking for. The "About Us" page was given its own link in the "About CPA" menu, called "CPA Info" instead of being a menu header. The "Find a Meeting" menu header was changed to "Meetings," and a new "Find a Meeting" page was created to help explain our Intergroups and calendar. Our "Books" page was split into two separate pages, CAL and non-CAL literature. Finally, our World Service Conference section was combined into one page. We also added the "Press/Media" page to the footer to help non-members find the contacts they are looking for and added contact information to the "Press/Media" page. We hope these changes make the flow of the website easier to understand and that information is easier to find.

Time zones have always been a tricky part of displaying meeting information, and we reviewed and improved our time zones information across both the meeting pages and the meeting calendar to help clear up any confusion. We removed the GMT time zone, since it does not observe daylight savings time, and we also clarified Eastern Time (EST to ET). There is also a section in the new "Find a Meeting" page that explains how to convert meeting times to time zones around the world.

We have been working on the Meeting Calendar itself for two years now, and 2021 saw the completion of these improvements. We tweaked the settings of the calendar to ensure it is loading for members as fast as possible, and we also added a new section, "Special Events," so that things like workshops have their own category. We are very excited about the difference between what the calendar looked like in January 2020 compared to what it looks like and performs like now, and we hope these improvements help everyone find and join their meetings with greater ease.

Last, but definitely not least, we improved our security to both the website itself and the server it lives on. Members with access to these, including those with service email accounts, were guided in creating secure passwords and were advised on how to safely store them. This ensures that we are not an easy target for hackers trying to make a buck.

We want to thank CPA members for their input and support this past year as we continue to make sure the website is what you deserve. As chair, I have cherished every conversation with each member this past year, as doing this service helps me in ways I could never have fathomed before I started my recovery journey. May 2022 bring as many blessings to both my team and CPA as a whole.

Additional information:

2021 was a leaner year in terms of projects and improvements, and we expect 2022 to be more of a year that our "wouldn't that be nice list" gets tackled a bit more, with help from other committees and CPA members. The first thing we would like to tackle is to continue improving the flow of the website, which means a hard look at our entire site map and ways it can be improved by rearranging pages and the information on those pages. We would also love to finish our newcomer page, so that new and prospective members have a one-stop shop for all their questions.

Other items on our wish list include improving where we show up on Google and other search engines when prospective members are looking for support, relaunching analytics so that we can see how our website is being used, rewriting our team's how-to document so that our next chair has all the information they need in a well-organized format, and possibly creating an FAQ page for both new and current members alike. As always, we will listen to Higher Power and be guided to where we are needed most!

PROFESSIONAL ADVOCACY

Submitted by: Anastasia/Bruce

Service Body and Position: CPA Board of Trustees: Professional Advocacy

2021 was a year of change, and there seemed to be a feeling of “pause” – I believe for all of us.

Here are some highlights from the Professional Advocacy Committee:

- Anastasia presented a workshop in the beginning of the year, and CPA has three slides as well as the Public Service Announcement on isolation. Despite resigning from the Board at the end of 2021, Anastasia plans on continuing to keep the information in her PowerPoint presentation.
- Both Anastasia and Bruce made appearances on the very popular Facebook podcast hosted by Lauren Zalewski, a former Board member. The program is called Gratefully Living the Chronic Life, and Anastasia and Bruce each discussed CPA as part of their appearances.
- Anastasia promoted CPA through her website, Blogged, and by a mass email to Georgia Therapy Network and Southeastern PLA, which is an information group for treatment centers and therapists.
- In addition, Anastasia shared information about CPA on Atlanta-area Facebook pages.
- Bruce continued to Tweet about CPA meetings and to inform professionals in Connecticut, New York, and Pennsylvania about the benefits of CPA.
- Both Anastasia and Bruce have CPA links on their websites.
- Anastasia blogged about CPA on her website via Shannon’s Story.
- Bruce offered individual supervision to clinicians interested in the treatment of chronic conditions through a growing NYC therapy collaborative called Resilience Lab.
- PESI, a nationwide clinicians’ training facilitator, continues to sell Bruce’s training videos on chronic pain that include CPA as a resource for clinicians and their clients.
- Bruce has done outreach to pain programs across the country to encourage fellow professionals to volunteer for Board membership to fill the spot vacated by Anastasia.

PUBLIC OUTREACH

Submitted by: Carmel/Ron

Service Body and Position: CPA Board of Trustees: Public Outreach

Accomplishments in the past year:

- In 2021, the Public Outreach Committee produced five new pieces of CPA literature, which are now in the hands of the Literature Committee.

They include:

1. CPA Fact Sheet: 1 page
 2. Health Professional brochure: 2 pages
 3. Anonymity and Safety: 5 pages
 4. Speaker Guidelines for Non-CPA Audiences: 9 pages
 5. Public Outreach Workbook: 12 pages (contains photos)
- Terry M. and Letha presented for a third time at the Behavioral Health ECHO gathering. Project ECHO® (Extension for Community Healthcare Outcomes) is an innovative medical education and mentoring model that builds primary care capacity while improving access to specialty health care in rural communities. They will be presenting again this year in August.

Current projects

- In February 2022, the CPASB Public Outreach Committee became an open committee to all CPA members. This committee meets the 1 & 3rd Friday of each month at 2:30 p.m. ET Join Zoom meeting at:
<https://us02web.zoom.us/j/787708631?pwd=eXNZQUJ6WGRVcytNcEM0Skg4NIRMQT09> Meeting ID: 787 708 631
Passcode: CPA
- The Committee is hoping to welcome new committee members and create a fellowship Public Outreach workshop in 2022.
- It is also the Committee's hope to combine efforts with the CPASB Professional Advocacy Committee in reaching health professionals and institutions.
- There are also plans on carrying the CPA message into independent, assisted living, and nursing homes via:
 1. Getting the CPA message into the newsletters and podcasts of these facilities
 2. Visits with institutional leaders to education and provide support

Metrics where applicable:

NA

Additional information:

There has been a significant increase in new members of our fellowship. As they have had their spiritual awakening, they will need some training and tools to effectively

carry out their Twelve Step message to their friends and the public. Consequently, we are in a two-year plan to develop the infrastructure to empower the fellowship in Twelve Step work to the public. We meet every other week for one hour, and you are invited to join our enthusiastic, productive team.

INTRODUCTION OF NEW BOARD & GSVO MEMBERS

Name: Billy

Service Body and Position: CPA Board of Trustees: Member at Large

My name is Billy, and I am a grateful member of CPA. I've been a member of CPA for two years. I served as the Cross-Platform Intergroup (XPI) Newcomer Meeting Coordinator for a year and have been both an XPI and a GAC rep.

A year ago, I started *Free To Be Me*, a new meeting for LGBTQ+ people and their allies. Recently I took on the position of XPI Zoom Training Coordinator.

This past year, I've gotten in touch with how nothing in life is guaranteed. I love CPA. It's changed my life. I am passionate about doing my part to ensure CPA's future and look forward to seeing it grow. It is for this reason that I became a member of the CPA Service Board of Trustees in October of last year.

Name: Bruce

Service Body and Position: CPA Board of Trustees: Professional Advocate

I am Bruce Singer, a psychologist with a specialty in chronic pain. Some of you may know that I wrote a book of daily affirmations for people with chronic pain, so it is something that's been dear to my heart and close to my work for a long time. I have helped facilitate the creation of chronic pain groups, especially before COVID when more of them were in person. I have gone out there as much as I can when I have given talks or written things, to help people be aware and to let professionals and others know that there is a thing called Chronic Pain Anonymous. Sitting on the board, which I have done for four or five years, has been a real pleasure to help in the service of it to see it grow, to contribute in any small way that I can to help Chronic Pain Anonymous. That's pretty much about it for me, thank you.

Name: Carmel

Service Body and Position: CPA Board of Trustees: Public Outreach

My name is Carmel, and my husband Dale was one of the people in that chance meeting in Baltimore, and so I have a very personal and grateful place in my heart for CPA. It has made a difference, as I saw the difference in my husband's life when he was alive and it truly kept our family together. We have a son, and it truly kept our family together through the grace of Higher Power. I serve on the board because I have personally seen what miracles CPA can do. I have great gratitude for the Board and its resilience, its true commitment to CPA, and having CPA continually available in the lives of those who need it the most. Thank you!

Name: Irene

Service Body and Position: CPA Board of Trustees: Secretary

Hello everyone! My name is Irene, and I am the Secretary for the CPA's Service Board. This is my fifth month as Secretary, and I have been a CPA member for over six years.

I live in Sugar Land, Texas, with my husband of thirty-three years. I have five grandchildren under the age of eight who can keep me busy at times. I recently retired from a thirty-year career with Walgreens due to my health. I was the president of an ice-skating club for many years and love being involved with volunteering my time with non-profits.

I applied for a position on the board so I could be of service to CPA and give back what CPA has been given to me: hope, love, and knowledge. Knowledge that I am not alone, and knowledge of self-care. I began my journey with CPA during a time when I was learning to accept my illness and the chronic pain that went along with my illness. I have learned a tremendous amount about myself while walking through the Twelve Steps. The support I have received from the fellowship is something that I thought I would never have. I have made lifelong friends, and I plan to make more! I thank my Higher Power for the love and support I feel from the CPA fellowship.

My hope for CPA is that our community continues to grow with the love and support that I have seen and felt firsthand. As Secretary, I hope to inspire CPA members to become board members in the future, as it has been rewarding in many ways to be a part of. Thank you!

Name: Janet

Service Body and Position: CPA Board of Trustees: Treasurer

Hi, everybody. I am Janet, and I have been in CPA for over a year and a half. I am sixty-five, and I have been a widow for twenty-three years. I have five kids, their ages are forty-three to twenty-three, and four just awesome grandkids. I could tell you a zillion stories about that, but I am not going to do that to you guys. I can say we have been through a lot over a lot of years, and Twelve Step and our love for each other, and our family, and a power that is greater than me, have brought us all closer together. I am eternally grateful for Twelve Steps. I retired early because of chronic pain and illness after a car accident years ago, and even though I attempted to keep working, my health did not allow me to, no matter how many times I tried. I found CPA at what was my health bottom, and I am just so, so grateful that I landed here with all of your guys.

My background is mostly in banking and accounting, and when I heard the Treasurer position was open, I sat with it for a while. I was asked about a different position, but I could not do it. This kept sitting on my heart, and I know it was my Greater Power. I was elected into the Treasurer position in October of last year. I have had a long-term interest in accounting. I wanted to be of further service of CPA because it has shifted my beliefs and feelings that I have had for a long time over my health issues. I am really excited about being part of the Service board, and I found that I

am working with some really great people. It's going to be a learning journey, and I am grateful to have mentors, wonderful mentors that are walking beside me as I grow in this position.

I have a fun sense of humor, and not many people get to see that. I am hoping this will give me an opportunity to open up and let that part of my true self come out.

Thank you for allowing me to share.

Name: Jes

Service Body and Position: CPA Board of Trustees: President

I am Jes G. from Atlanta, Georgia, and I am a grateful member of CPA. I joined the board last June and was elected President in July. When was I asked to apply to the board, I knew that it meant that there would be a lot of transition in CPA's service boards because at the time I was Chairperson for the Cross-Platform Intergroup. Becoming a Board Member meant letting go of a lot of Service positions that I was holding, while learning about a whole new part of the service structure. So, it was letting go of one, and learning about another. It felt like Higher Power was asking me to take this position, so I decided to give it a go, which meant asking for lots of help from lots of people, and I am forever grateful for everybody who has been guiding me along this way.

I hope that I can bring the love that I have for CPA and all that is has given me into each task that I approach. I hope that I can meet my mistakes with grace, and I ask for the same grace from all of you. It's challenging to do this work sometimes when facing bad days, and potential surgeries, and potential whatevers, and still trying to do this work. But I am honored to give it my best shot. After all, we accomplish great things when we do it with love and when we do it together. So that's what I hope to do. Thank you very much.

Name: Ron

Service Body and Position: CPA Board of Trustees: Public Outreach

My name is Dr. Ron Woosley, and I've had the privilege of being on the board of Chronic Pain Anonymous for the last nine years. I am a retired neurosurgeon and pain management physician. When I first heard about CPA, I was so excited! I have a personal understanding of the spiritual power of the Twelve Steps and also the great need of bringing hope to patients with pain and suffering! I invite you to read The Doctor's Opinion in CPA's Twelve Step book *Recipe for Recovery*. Thank you for letting me be with you, and I acknowledge your Twelve Step work.

Name: Shelley

Service Body and Position: CPA Board of Trustees: Member at Large

Shelley S. in Appalachian Ohio. Artist, poet, wildly creative and grateful member of CPA. As a Board Member (Trusted Servant) I'm here to witness the process so that the love, friendship, and support extended to me may be there for others well into the future. Thank you for allowing me this opportunity. I joined the board on an interim basis in November.

Name: Terry H.

Service Body and Position: CPA Board of Trustees: Professional Advocacy

Good morning – or afternoon depending on where you are located today. I’m Terry H., a grateful member of CPA for over two years now, soon three years, and have the privilege to serve as a CPA Board Trustee. I semi-retired professionally but have worked with non-profits and government committees and agencies for about four decades. I think these are exciting times for the CPA Board of Trustees and the CPA community in general, as we have the opportunity to work together to provide hope and encouragement for all of those who are suffering from chronic pain and illness, not only those within our communities but also to those suffering wherever they may be. Thank you.

Name: Terry M.

Service Body and Position: CPA General Service Virtual Office: Meeting Liaison

I came into CPA in September 2018, at a very unmanageable time in my life. This program has transformed my attitude and outlook and shows me that I am able to “live peacefully, joyfully and comfortably with myself and others.” I never could have dreamed this was possible before. I have completed the Steps with my sponsor, and I work them daily in my own recovery and through sponsorship with other women. CPA service is a bright light in my days. When I am on the phone with a newcomer or present in a meeting, I am able to focus on something besides my pain and illness, and it puts things in perspective. Service connects me with others in a way that gives my spirit a great lift.

I am willing to serve the fellowship however my Higher Power guides me, while honoring my emotional, mental, and physical needs. I consulted with my sponsor and my CPA service mentors and was accepted as a Board member in July 2021 – it’s hard to believe it’s been six months already! I felt my Higher Power’s call at a time when some CPA members had left the Board – additional fellowship members were needed to keep the balance of members and non-members. Just like all of us here, I have some skills that are useful, but I feel that I get so much more than I could ever give back. CPA service work teaches me how to listen to my body and work within my limitations, in a fluid manner that is surprisingly effective and timely. And I will note that everything done here is in Higher Power’s timing!

My hope for CPA is that we can continue to carry the message of CPA recovery to anyone, anywhere who reaches out for help. I want everyone with chronic pain and chronic illness to know that they are not alone. As it says on page 38 of *Stories of Hope*: “I am here to support others, and I am here to be supported. We are all in this together.” I am grateful to be a trusted servant of this beautiful fellowship. Thank you.

NEW BUSINESS

Date for 2023 World Service Conference

The WSC Planning Committee would like to set the date of the 2023 World Service Conference on January 29, 2023, at 1:00 p.m. ET.

Discussion – PRO:

- We may have a lot of CAL for next year.
- Why don't we just set it for two days.
- Looking at running less time over two days.
- Alternates (Co-Delegates) can be utilized for a either day.
- 2021 CAL was on the website over the course of three to six months.
- For the 2023 WSC as each document (CAL) is completed, we will work to put it on the CPA website for group review.
- CAL will always be posted under the WSC tab on the website as soon as it is ready.
- Would like to get all the items CAL that is ready, approved at the 2023 WSC.

Discussion – CON:

- If the backlog of CAL begins, we will likely continue to have backlogs in future years.
- 2024 possible mid-year CAL – Not feasible.
- Stop having during American football playoffs.
- Can we streamline in other areas of the agenda.
- Two days is very difficult for some to attend.

VOTE = FOR: 38 AGAINST: 2 ABSTAIN: 2 MOTION: PASSES

Reserve the right to expand to include Saturday

The WSC Planning Committee would like to reserve the right to expand the World Service Conference to include Saturday, January 28, 2023, at 1:00 p.m. ET if needed.

Discussion – PRO:

- See above.

Discussion – CON:

- See above.

**REVOTE = FOR: 35 AGAINST: 2 ABSTAIN: 2 MOTION: PASSES
(3 members left prior to revote)**

APPENDIX I – AGENDA

1. Welcome	5 minutes	Bruce/Billy – Trustees
2. Open with Serenity Prayer	5 minutes	Ron – Trustee
3. Roll Call	20 minutes	Terry M. – Trustee
4. Introduction of Board of Trustees	15 minutes	Carmel/Jes – Trustees and GAC Officers
5. Restorative Break	5 minutes	
6. President of the Board of Trustees	5 minutes	Jes – Trustee Report
7. Finance Report	5 minutes	Janet – Treasurer
8. Executive Director Report	5 minutes	Letha – Executive Director
9. Quorum, Abstentions, and Minority Opinions Explained	5 minutes	Mary – GAC President
10. Voting Protocol	5 minutes	Terry H. Trustee
11. Proposals for Fellowship Approval <ul style="list-style-type: none"> Literature Edit A Literature Edit B Literature Edit C 	45 minutes	Irene – Trustee
12. Restorative Break	5 minutes	
13. Reports <ul style="list-style-type: none"> Executive Director – Letha Meeting Liaison – Terry M. Literature Committee – Mica Social Media – Catherine/Laurelle Store Manager – Sherry Website – Alisa Professional Advocacy – Bruce Public Outreach – Ron/Carmel 	25 minutes	
14. Restorative Break	5 minutes	
15. Approval of 2022 WSC Date and Time <ul style="list-style-type: none"> Date for 2022 WSC – Suggested Sunday, January 30, 2022, at 1:00 p.m. ET The WSC Planning Committee would like to reserve the right to expand the WSC to include Saturday, January 28, 2023, at 1:00 p.m. ET if needed 	5 minutes	Irene - Trustee
16. Gratitude Closing	20 minutes	Shelley/Billy – Trustees

APPENDIX II – LIST OF DELEGATES

2022 World Service Conference Roll Call

	NAME	GROUP/SERVICE BODY	Delegate (D) or Service Body
1	Adell	Eleventh Step Meditation	D
2	Alisa	GSVO – Website	SB
3	Andrea	One Day at a Time (Hotchkiss, CO)	D
4	Beth S.	Hope For Today (AZ)	D
5	Billy	CPASB	SB
6	Bruce	CPASB – Professional Advocacy	SB
7	Carmel	CPASB – Public Information & Outreach	SB
8	Cat	XP Intergroup Rep	D
9	Chris G.	New Hope UK	D
10	Christine	Sunday 2:00 p.m. Phone	D
11	CJ	Stronger Together	D
12	Claire	End of Life Journey	D
13	Debi D.	Houston Chronic Pain Recovery	D
14	Deborah	Open Hearts	D
15	Devin	Wisdom, Trust, and Faith	D
16	Gale	Attitude of Gratitude with Chronic Pain	D
17	Irene	CPASB – Secretary	SB
18	Jade	Tuesday Traditions	D
19	James	Come As You Are (2SLGBTQIA+)	D
20	Janet	CPASB – Treasurer	SB
21	Jes	CPASB – President	SB – NOT VOTING
22	Jillian	Friday FACES Meeting ITR	D
23	Kathy T.	Wednesday 8:00 p.m. Phone Group	D
24	Laurelle	GSVO – Social Media	SB
25	Laurie	Chronic Pain and Illness 12-Step North Atlanta	D
26	Letha	GSVO – Executive Director	SB – NOT VOTING
27	Maggie	Faith and Footwork	D
28	Margaret P.	CPA Young Persons' Meeting	D
29	Mark H.	Imua – Moving Forward with Strength	D
30	Mary Fran	Gratitude Happy Hour	D
31	Mica	GSVO – Literature Chair	SB
32	Mike D.	From Pain to Gain	D

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33	Noor Jameela Wendy	Free to be Me: CPA LGBTQ+ & Allies Meeting	D
34	Patty S.	Third Step Prayer Meeting	D
35	Paula S.	12 & 12 To Serenity	D
36	Renee	The Language of Hearts	D
37	Ron	CPASB – Public Information & Outreach Chair	SB
38	Rose	Voices in the Stillness	D
39	Shari	GAC – Secretary	SB
40	Shelley	CPASB	SB
41	Sherry	GSVO – Store Manager	SB
42	Stacy T.	Path To Acceptance	D
43	Tammi	Experience, Strength and Hope	D
44	Terry H.	CPASB	SB
45	Terry M.	CPASB	SB – NOT VOTING

D = 29

SB = 16 (13 voting)

Total voting participants = 42

APPENDIX III – 2021 STATEMENT OF ACTIVITY

Submitted by: Janet
Service Body and Position: CPA Board of Trustee: Treasurer

Chronic Pain Anonymous Service Board

Statement of Activity by Class

January - December 2021

	GENERAL	OUR COMMON WELFARE	RECIPES FOR RECOVERY	STORIES OF HOPE	NOT SPECIFIED	TOTAL
Revenue						
40000 Product Sales Income						\$0.00
40010 Miscellaneous Literature	180.75				4.70	\$185.45
40020 S of Hope Web Sales (eStore)				17.73		\$17.73
40025 S of Hope Distributor Sales	15.76			106.40	4.06	\$126.22
40030 S of Hope other				1,010.53		\$1,010.53
40040 R for Recovery Distributor Sale	122.50		580.02		81.23	\$783.75
40045 R for Recovery Other			499.69			\$499.69
40055 Our Common Welfare Distributor	29.70	616.76				\$646.46
40065 Audio Book Sales			17.28			\$17.28
Total 40000 Product Sales Income	348.71	616.76	1,096.99	1,134.66	89.99	\$3,287.11
43400 Direct Public Support						\$0.00
43450 Donations from Individuals	9,567.21				276.88	\$9,844.09
43455 Donations from Groups	967.00				20.00	\$987.00
43456 Donations From Outside Groups	400.00					\$400.00
Total 43400 Direct Public Support	10,934.21				296.88	\$11,231.09
46400 Other Types of Income	5.00					\$5.00
46410 Interest Income	0.42					\$0.42
Total 46400 Other Types of Income	5.42					\$5.42
PayPal Sales	241.00					\$241.00
Sales	46.88				172.75	\$219.63
Sales of Product Revenue					161.22	\$161.22
Uncategorized Income	-5.66					\$ -5.66
Total Revenue	\$11,570.56	\$616.76	\$1,096.99	\$1,134.66	\$720.84	\$15,139.81
GROSS PROFIT	\$11,570.56	\$616.76	\$1,096.99	\$1,134.66	\$720.84	\$15,139.81
Expenditures						
60900 Business Expenses						\$0.00
60920 Business Registration Fees	10.00					\$10.00
60925 Bank Charges	14.84					\$14.84
Total 60900 Business Expenses	24.84					\$24.84
62100 Contract Services						\$0.00
62155 Bookkeeping Services	2,550.42					\$2,550.42
62190 Legal Fees	140.00					\$140.00
62191 Accounting	279.18					\$279.18
Total 62100 Contract Services	2,969.60					\$2,969.60
63000 Website	94.60					\$94.60
63010 Website Hosting	189.25					\$189.25
Total 63000 Website	283.85					\$283.85
64100 Video Communications	24.98					\$24.98
65000 Operations						\$0.00
65020 Postage, Mailing Service	554.96	15.88				\$570.84
65039 Office Expenses	95.80				108.04	\$203.84
65040 Supplies	87.48				160.00	\$247.48
65047 Telephone	284.16					\$284.16
65050 Computer/Internet	96.00					\$96.00
65051 Dropbox	607.16					\$607.16
Total 65000 Operations	1,725.56	15.88			268.04	\$2,009.48

Accrual Basis Tuesday, January 11, 2022 01:15 PM GMT-08:00

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APPENDIX III – 2021 STATEMENT OF ACTIVITY (CONT.)

Chronic Pain Anonymous Service Board

Statement of Activity by Class

January - December 2021

	GENERAL	OUR COMMON WELFARE	RECIPES FOR RECOVERY	STORIES OF HOPE	NOT SPECIFIED	TOTAL
65100 Book and Literature Expenses						\$0.00
65105 Editing	200.00					\$200.00
65106 Our Common Welfare book editing/costs		1,275.58				\$1,275.58
65110 Design	231.29					\$231.29
65120 Misc Book and Literature	1.29		1,802.99	1,502.49		\$3,306.77
Total 65100 Book and Literature Expenses	432.58	1,275.58	1,802.99	1,502.49		\$5,013.64
Exchange Rate Gain/Loss	-55.72				-9.67	\$ -65.39
PayPal Fees	4.51				417.47	\$421.98
Uncategorized Expense	17.23					\$17.23
Total Expenditures	\$5,427.43	\$1,291.46	\$1,802.99	\$1,502.49	\$675.84	\$10,700.21
NET OPERATING REVENUE	\$6,143.13	\$ -674.70	\$ -706.00	\$ -367.83	\$45.00	\$4,439.60
Other Expenditures						
Reconciliation Discrepancies-1					-0.01	\$ -0.01
Total Other Expenditures	\$0.00	\$0.00	\$0.00	\$0.00	\$ -0.01	\$ -0.01
NET OTHER REVENUE	\$0.00	\$0.00	\$0.00	\$0.00	\$0.01	\$0.01
NET REVENUE	\$6,143.13	\$ -674.70	\$ -706.00	\$ -367.83	\$45.01	\$4,439.61