



*“... a fellowship for those with  
chronic pain and chronic illness.”*

**7TH ANNUAL  
2023 WORLD SERVICE CONFERENCE  
SUMMARY REPORT**

**January 28 & 29, 2023**

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## WELCOME

Submitted by: Irene P

Service Body and Position: CPA Service Board: Vice President

Welcome to the 2023 world service conference. My name is Irene and I am a grateful member of CPA as well as the WSC committee chair. It is an honor and a privilege to be here today with all of you.

The World Service Conference is CPA's only fully encompassing business meeting, this is YOUR meeting! What an exciting time in CPA this is! This is our 7th conference and our nineteenth year for our fellowship to be in existence. Thanks to all of you, CPA continues to grow!

The WSC committee stayed very busy this past year preparing for today, and worked tirelessly to make the conference more efficient and streamlined. New this year is zoom polling, we also held three workshops and created a post attendee survey. The survey invites you to share feedback from the different portions of both days, as to what you found useful and what we could do better next year. We ask that you fill out the survey as soon as the conference is over. I would like to thank the WSC Team for their tireless work this past year, without them, the conference could not have happened!

# PRESIDENT OF THE BOARD REPORT

Submitted by: Jes G

Service Body and Position: CPA Service Board: President

## Accomplishments in the past year

- a. Successfully switched our record keeping system to an online platform that is free for non-profit organizations. This has saved us upwards of \$450 per year.
- b. ChronCon became our annual international convention sponsored by the CPASB.
- c. We made some structural changes in CPA Service Board (CPASB) member responsibilities, which will hopefully help in future years. There are more changes coming and we hope to grow the active status of the members of the CPASB.

## Current projects

- a. This is the time of year that we look over our CPASB goals for the year and make decisions about where to focus our efforts. A few ideas will be:
  - i. How to maintain and pass on institutional knowledge.
  - ii. Training manuals and materials

## Metrics

- a. 2 retired members
- b. 1 new member
- c. CPASB Members are:
  - i. Members: Ron W, Billy S, Terry M, Terry H
  - ii. Officers: Janet C - Treasurer, Sherry D - Secretary, Irene P - Vice President, and Jes G - President

## Additional information

As we approach our 20th birthday next year I feel the weight of this job and pray that I can live up to the tasks laid before me. I hope that we can celebrate all that we have accomplished these past twenty years, creating and nurturing this amazing fellowship.

We hope that we can serve HP and reinforce our non-profit corporation's foundation, so we can build our fellowship to a place where anyone who needs help, will easily find the hand of CPA.

I want to take a moment to thank the people who have moved on from their tireless service to CPA. Both Bruce and Anastasia are licensed therapists working with patients with chronic pain, and were professional members of the CPASB:

Bruce Singer - 3 years

Anastasia Bean - 5 years

We thank them for their service to CPA. We know how important it is to nurture these relationships with professionals, and we hope that the Cooperation with Professional Communities Committee will forge new relationships leading to new Professional CPASB Members.

When making *all* our decisions, the board strives to put the groups, and the needs of the groups, first. It is inevitable that we will make mistakes as we do our best to be of service to CPA. We are blessed to have *Our Common Welfare* to rely on when we need direction. I know that I go back to the text often.

The Twelve Concepts of Service guide our committees, and the conference as we make fundamental decisions about our service structure. We are currently reviewing and updating the *Chronic Pain Anonymous Service Handbook*, where you can find the Twelve Concepts with brief descriptions. This document can be found under "Meeting Materials" under the "Member Resources" tab on the Chronic Pain Anonymous website. We look forward to letting you know when we have this update ready for literature review, which will allow us to get your feedback. Please do not hesitate to reach out if you have any suggestions before then.

Bringing the CPASB nomination process to the WSC this year will hopefully drive more interest in members becoming connected to the board. We hope that you will throw your name in the hat and see how much good can get done, when we do one small thing at a time.

As a result of working the Steps and Traditions in CPA, we learn our limits and how to say "no" or "help." I see this in all my friends in service. We say when we are worried or when we can't get something done, or when we're confused. We are adopting processes that have built in backups so we don't waste time or energy. I have gotten so much more than I've given throughout my service positions in CPA. These friendships that have been forged in working together, have made my days brighter. I look forward to meetings because I get to go hang out with my friends. It's a gift. So thank you for letting me be of service to you.

I couldn't do what I do for CPA without the help of an amazing team. I'd love to thank the CPASB officers: Irene P - CPASB Vice-President, Janet C - CPASB Treasurer, Sherry D - CPASB Secretary. And thank you to our CPASB members: Ron W, Terry M, Terry H, Billy S and Shelley S. We are lucky enough to employ the services of a CPA member as our bookkeeper and we are grateful to Marn D for all her hard work. And of course I have no idea how we would make it through the year, month, week or day without the help of our amazing Executive Director Letha C. These people do so much behind the scenes. None of us works alone, and none of us takes on anything that can't be broken down into smaller pieces to avoid overwhelming ourselves. The joy of all of it is that we do it together.

## EXECUTIVE DIRECTOR REPORT

Submitted by: Letha C  
Service Body and Position: General Service Virtual Office:  
Executive Director/Publishing Manager

### Accomplishments in the past year

#### GSVO

- Processed 2 CPA email accounts: [Serviceoffice@chronicpainanonymous.org](mailto:Serviceoffice@chronicpainanonymous.org) and [Literature@chronicpainanonymous.org](mailto:Literature@chronicpainanonymous.org)
- Delegated authority of the [inquiry@chronicpainanonymous.org](mailto:inquiry@chronicpainanonymous.org) email to the Meeting Liaison
- Implemented processes and ensured proper training and supervision of staff, independent contractors, and operations for GSVO
- Instituted GSVO Quarterly All Staff meetings
- Managed the CPA telephone account
- Managed the CPA Zoom account and researched and purchased Zoom Events for the Board
- Met monthly with the Web Design Committee
- Met monthly with the Literature Committee and trained Andrea as the Lit. Comm. Chair
- Attended the monthly Translation Committee
- Filled in for the History/Archives position and trained Halley as our new Archivist

#### Monthly Committees Attended/Reported to:

- GAC
- ChronCon Planning Committee
- Literature Committee
- Translation Committee (Quarterly)
- Executive Committee
- Public Information Committee
- WSC Planning Committee
- Finance Committee
- CPASB of CPA Service Board Members

#### Additional

- Assisted in the restructuring of the WSC Planning Committee, ChronCon Planning Committee, Literature Committee and Public Information Committee

#### As Publishing Manager:

- Near completion of the *Our Common Welfare* audiobook
- Worked with copy editor and graphic designer as needed

## Current projects

### Executive Director

1. Updating all Job Description documents for GAC and GSVO
2. Review all related documents in CPA File Room for updates
3. Reinvigorate the Translation Committee

### Goals:

Create a GSVO Operations Manual to include Human Resource documents

### Publishing Manager

1. Source and hire a new graphic designer
2. Update *Our Common Welfare's* book cover
3. Review all related documents in CPA File Room for updates

### Goals:

Publish our new daily reader

## Metrics where applicable

N/A

## Additional information

It has been another whirlwind year of exciting changes and growth of CPA. For me, the most exciting news is all GSVO offices are now filled with amazingly gracious and generous volunteers and CPA would suffer without them!

As Executive Director, I oversee the General Service Virtual Office and am directly responsible to the CPA Service Board. The GSVO continues to handle the day-to-day operations and thanks to our dedicated, hardworking volunteers, our bills get paid, inquiries are responded to in a timely manner, the public can easily find CPA information, and new literature is produced. And it's your 7<sup>th</sup> Tradition contributions alone that allow the GSVO to operate. Thank you for your ongoing support.

If you would like to join our GSVO team, apprentices are still needed for Literature Committee Chair and History/Archives, please email me at [serviceoffice@chronicpainanonymus.org](mailto:serviceoffice@chronicpainanonymus.org).

Delegated authority and the group conscience process really does best facilitate thriving and exciting teams and Higher Power does indeed continue to guide, care for, and support CPA through each and every one of you. Our common welfare does indeed depend upon unity. There is nothing we cannot do together and although we may be feeling at our worst, we see the best in each other.

As your Publishing Manager I am thrilled to announce that the OCW audio book is now available at all major retailers and I look forward to publishing all our new 2023 CAL.

Please see the WSC Summary Report in a couple of months for my full report of all the 2022 accomplishments and current projects for 2023 as there are a lot. I do, however, wish to share with you the accomplishment I am most proud of in 2022- I set aside fear and doubt to travel alone over 5000 miles to hug other CPA trusted servants. "Who would have thought THAT was even possible with chronic pain and chronic illness!"

Thank you for allowing me to serve as your Executive Director and, of course, Go Team!



## VOTING PROTOCOL

Welcome, Delegates! Thank you in advance for your attention regarding our WSC voting protocol.

**Warranty Four states “that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity.”**

When possible, issues are discussed until there is certainty that all minority opinions have been heard and most people can support the decision. Usually a two-thirds acceptance means a motion passes, but this ratio is decided at the Conference each year.

Substantial unanimity is the calculation of two-thirds of total members voting on any given item— not the total of registered delegates. Delegates may need to leave during the Conference for self-care or other reasons. The secretary must be notified prior to any change of delegate for a voting session. We are guided to consider all viewpoints and strive for substantial unanimity. Differences can be discussed, and a solution can be found. We listen to others and have permission to disagree, and we abide by the group vote.

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### **Substantial unanimity explained in a different way.**

Substantial Unanimity is when we have at least two thirds of the fellowship championing what we are voting on. CPA does not aim for just 51% as in the simple majority vote. We strive for greater backing from the fellowship.

We are grateful for our trusted servants who graciously volunteered to relinquish their votes to meet quorum and tally votes by reading the roll call, recording individual votes, and calculating substantial unanimity for each vote.

### **What does quorum mean? Why are some people giving up their votes?**

The CPA Service Handbook states in the description section of Concept 4: *There is balance in that the Service Board Members and service workers together makeup no more than one-third of the voting at the WSC.* So, some members of the WSC Planning Committee volunteered to surrender their votes. This is so the fellowship has the majority voice during the Conference.

A quorum consists of two-thirds of the Delegates registered for the WSC. Please note that if, for some reason, 1/3 of all delegates left the conference, we would not meet quorum and would have to end the WSC voting process.

## What does it mean when someone abstains? How does that affect the vote count?

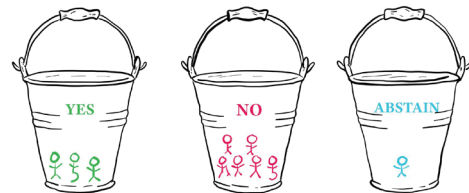
Abstention does not count in tallying the vote negatively or positively; when members abstain, they are in effect attending only to contribute to a quorum. This means we need 2/3 bodies of all attendees to be present to vote. Abstentions still count towards substantial unanimity and if the two-thirds is not met the motion does not pass. Decimal points are rounded to the closest whole number.

### Does an abstention count as a no vote?

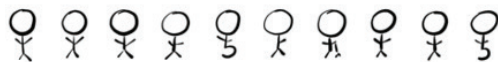
It is important that every delegate present for a vote understands their responsibility to that vote. You are counted whether you vote yes, no, or abstain. Enough abstentions might keep something from passing, however, that means that the item up for vote didn't have enough delegates championing the cause. It wouldn't be an accurate representation of the fellowship's support of something if it passed with only three votes because everyone else abstained. Let me show you...



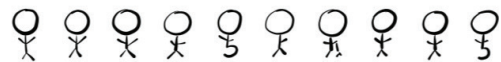
**every voter must be counted**



**voted down**



**not enough support to pass**



**consensus or what we strive towards**



**PASSES: substantial unanimity**

### **What is the importance of the minority opinion?**

**Concept Five** honors the Right of Appeal/minority opinion. Any Delegate may state their minority opinion which ensures all views are honored and considered.

Once the minority opinion is shared, the chair asks if anyone who voted in accordance with the popular vote wishes to change their vote. If no one does, we move on with the agenda. If even just one person does wish to change their vote, the chair will ask for a motion and a second to retake the vote. Keep in mind that if no one seconds the revote motion, the motion dies and we move on with the agenda. If there is a second in taking a revote, the voting process begins again by the chair calling for discussion time.

And please remember any member is welcome to request a moment of silence or the recitation of the Serenity Prayer before any vote, as we seek Higher Power's will for CPA not our own.

### **SUBSTANTIAL UNANIMITY VOTE**

#### **Saturday:**

At this time, total participants are **30**. A passing vote is **20** persons in favor. This will be recalculated prior to each item voted upon.

I would like to vote now. Do we have a motion that 2/3 of participants voting qualify as a "substantial unanimity"? **Mark** And a second? **Terry H.**

**VOTE = FOR: 29 AGAINST: 1 ABSTAIN: 0**

**Percentage for = 97%**

**MOTION: PASSES**

**Minority opinion: No opinions expressed**

**SUNDAY:**

At this time, total participants are **26**. A passing vote is **18** persons in favor. This will be recalculated prior to each item voted upon.

I would like to vote now. Do we have a motion that 2/3 of participants voting qualify as a "substantial unanimity"? **Carmen/Janet** And a second? **Keith**

**VOTE = FOR: 25 AGAINST: 1 ABSTAIN: 0**

**Percentage for = 96%**

**MOTION: PASSES**

# PROPOSALS FOR FELLOWSHIP APPROVAL

## Proposal: Part A Chronic Pain Anonymous Service Board Nominee Process

**Background:** Historically new Chronic Pain Anonymous Service Board (CPASB) members were nominated and voted into position by the current board members. The World Service Conference (WSC) Charter states: "The Board elects its own successors with nominees approved by the WSC or a committee thereof." This practice has not been acknowledged at previous conferences. Each group is equal, and has the authority to nominate a qualified member of their choosing. This proposal marks a recommitment to follow our structure that safeguards the fellowship by keeping the CPASB close to the groups. As it says in Concept 12: "...that it never becomes the seat of perilous wealth or power..."

**Mission:** To follow the World Service Conference Charter and officially receive nominations from the fellowship for Chronic Pain Anonymous Service Board members.

**Proposal:** The WSC and the CPASB requests approval of the process to receive CPASB nominees from groups through their elected delegates at the WSC. WSC gives CPASB a selection of candidates to stand for the CPASB.

Process:

1. Delegates are asked for nominations
  - a. A letter goes out to the delegates describing the role of the CPASB, open officer positions, committee chair positions, and member duties included
    - i. A request for nominations is included in the letter with a deadline for December
    - ii. A suggestion of how to select a nominee is given, including qualifications and commitment
    - iii. An application is included
  - b. Delegates send back nominations including completed applications for the CPASB and the positions desired
  - c. Those nominees are then presented at the WSC where they are confirmed by the WSC
2. During the WSC a delegate (who did not follow the above process) can get nominated, seconded and confirmed by the WSC
  - a. A delegate can nominate someone on the spot for a position on the CPASB
    - i. The CPASB President will follow up with the delegate with all related application forms during the WSC
  - b. The nominee has 30 days after the WSC to complete the application process and return the application to the CPASB President at <https://forms.gle/ite493aRou4fZPPM6>

3. The CPASB receives the completed nominations from the WSC Planning Committee Chairperson
  - a. Each nominee is scheduled to interview with the CPASB during the next Board Meeting.
  - b. During the CPASB meeting, the nominees are interviewed and voted in by the current eligible voting members of the CPASB
  - c. The new term of office for the nominees begins April 1
4. If needed (if CPASB membership drops below 3 CPA members) as a failsafe, a call for new nominees can be made through the GAC. As stated in the *Chronic Pain Anonymous Service Handbook*, "It (CPASB) is composed of five to fifteen volunteers, a minimum of three from the fellowship and two from outside the fellowship."
  - a. GAC votes to approve the nominees
  - b. The GAC President will follow up with the delegate with all related application forms directly following the monthly GAC meeting.
  - c. Nominees are sent to the CPASB President:  
<https://forms.gle/ite493aRou4fZPPM6>
  - d. Application review, interview and approval process will be no later than 60 days after receiving application
    - i. Once a CPASB member is voted in, their term of office will begin immediately.
    - ii. Most CPASB members serve for three years. When a member is voted in mid-year, they can opt to serve the extra months (serve for more than three years) or end their term early (serve for less than three years) depending on when the WSC falls during their term.

**CPA Service Board suggested positions:**

President:

Vice President:

Secretary:

Treasurer:

CPA Service Board Member 1:

CPA Service Board Member 2:

CPA Service Board Member 3:

CPA Service Board Member 4:

CPA Service Board Member 5:

CPA Service Board Member 6:

CPA Service Board Member 7:

Non-CPA Service Board Member 1:

Non-CPA Service Board Member 2:

Non-CPA Service Board Member 3:

Non-CPA Service Board Member 4:

Concept 12: The Conference shall observe the spirit of CPA tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserves be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform authoritative acts of government; that, like the Fellowship it serves, it will always remain democratic in thought and action.

**Motion approved – Leya    Motion seconded – Tammi C.**

**Discussion – PRO:**

I love this. I hope this will help get more members into administrative positions.

**Discussion – CON:**

No opinions expressed

**VOTE = FOR: 29 AGAINST: 0 ABSTAIN: 1**

**MOTION: PASSES**

**PERCENTAGE FOR: 97%**

**Minority opinion: No opinions expressed**

**Proposal: Part B**  
**Chronic Pain Anonymous Service Board Nominees**

No nominees were brought forward by the fellowship.



## Proposal to the WSC Daily Meditation Book

You may remember that four years ago, the literature committee began collecting submissions from you, for a daily meditation book. It is now in our sights to bring this project to fruition. We know that the fellowship is anxious for this book to be completed, and we know you have been waiting patiently these last four years. Our fellowship is not large enough for the sale of our books and brochures to pay for future projects. Literature is our largest expense, and our largest act of service.

This proposal is to ask the fellowship if they wish to spend the large amount of money to get the meditation book completed quickly, or if you are willing to continue to wait for this much anticipated piece of literature.

**Please note:** Approval of this proposal will be to create a manuscript by a line editor familiar with our literature and with the Twelve Steps and Twelve Traditions. Once the manuscript is created, it will follow all the current fellowship feedback procedures.

Option A: We continue to allow the literature committee to commit resources and find creative ways to turn the raw submissions into a daily meditation book. This could take anywhere from two to five years.

Option B: We pay our professional editor up to \$10,000 to turn our raw submissions into a daily meditation book. This would take approximately five months to complete.

**Motion approved – Ron      Motion seconded – Tammi C.**

### **Discussion –**

- Question: Has this been done in the past.  
Answer: We have used editors in the past for OCW and Recipe for recovery.
- Question: Do we have the money to do this:  
Answer: Yes, we have the funds. We would not bring forth a proposal if we did not have the funds secured.
- Question: What will our cash position be after we pay for this?  
Answer: The CPASB's primary responsibility is for the legal and fiscal health of CPA. This proposal was reviewed by the board and found to be fiscally prudent. The finance report will be presented tomorrow. We also give a finance update at each GAC meeting. Total funds on hand is \$26,669.00 (Includes the funds for the cost of the book, annual expenses and prudent reserves).
- Question: How is a line editor chosen/found? The other books are wonderful.  
Answer: We have received proposals from professional line editors, we will be interviewing them and reviewing quotes, if this motion passes.

- Question: If we have used line editors in the past, why are we bringing this proposal forward?  
Answer: We brought this to the fellowship so all will know how this process works. We want your input, it is your voice in the process of writing literature, and to make you aware where your money is being spent. We want to be transparent in all our processes.
- The fellowship will have a full year to review the Daily Meditation Book should this proposal pass.
- It has been said, Literature does not make money for CPA, making it confusing to some groups.
- There is quite a demand in the fellowship for this reader.
- If not completed by a line editor, it would be edited by the fellowship. It takes a lot to get people corralled to attend the literature drop ins and complete this book.
- It is a painstaking effort in the literature dropins and we could get much more literature written if we have an editor take this one.
- Statement: How accurate were our group votes, because not everyone was informed as to our finances.
- You may have come to the WSC with a vote from your group, but based on the discussion and with Higher Power guiding you, you can change your group vote. Please bring back all the information you need to speak to your group about this.
- Point of order: We do have quotes that are less than the stated in the proposal \$10,000.

**VOTE = FOR: 27 AGAINST: 1 ABSTAIN: 2**

**PERCENTAGE FOR: 90%**

**Minority opinion: No opinions expressed**

**PROPOSAL: PASSES**

## **CPASB Proposal to the WSC Removal of non-CAL from CPA website**

### **Background:**

In 2020, the Chronic Pain Anonymous Service Board (CPASB) approached the fellowship about removing non-Conference Approved Literature (CAL) from <https://chronicpainanonymous.org/> at the World Service Conference (WSC). At the time, the fellowship had strong opinions about leaving the two books (*Chronic Illness and the Twelve Steps* by Martha Cleveland, and *Living with it Daily* by Patricia D. Nielsen) on the website. It was then decided to revisit the topic again in 2022.

It is the mission of the CPASB to manage the non-profit organization while aligning practices in accordance with the Twelve Traditions and Twelve Concepts of Service. The non-CAL on the website breaches the principles of a few Traditions:

Tradition One: "Our Common Welfare comes first; personal recovery depends upon CPA unity."

Tradition Six: "A CPA group ought never endorse, finance, or lend the CPA name to any outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose"

Tradition Ten: "Chronic Pain Anonymous has no opinion on outside issues; hence the CPA name ought never be drawn into public controversy."

Tradition Twelve: "Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

### **Proposal:**

After discussion with the fellowship via Open Forums, the motion to remove non-CAL from CPA's website will come up for vote at the 2023 WSC. How does your group vote about removing *Chronic Illness and the Twelve Steps* by Martha Cleveland, and *Living with it Daily* by Patricia D. Nielsen from the website:

**Motion approved – Leya      Motion seconded – Margaret & Tammi**

### **Discussion – PRO:**

- In a meeting last week, someone said "We are going to be reading from the Daily Reader" which is conference approved because it is on the website. There was clear confusion there. I think removing non-CAL from the website would eliminate that confusion.
- This group proposes an amendment to move the non-CAL to the history portion of the website, and not list it under book. This was brought up to our History and Achevist and she is willing to do this for us.
- We should have literature on our website that is distinctly our own. We have worked hard, many people have, to put together our own literature. Those books can be brought into meetings anyway, there can be a group

conscience in a meeting in order to utilize other materials. Having Non-CAL opens the door to adding more books to the website. Goes against the rules of all fellowships.

- Clarification: Does this mean removing the non-CAL page? The intention is to remove the Non\_CAL page. Every group is autonomous, and any person can use any materials for their own recovery process. CPA does not have the right to tell groups or members what they can and cannot use. This is an organizational CPA Inc, this goes against Traditions to affiliation and promotion, which is to list outside information on our website.
- In our history document we can add that we started with Martha Cleveland and the Daily Meditation book.
- Any proposals can be brought to the webmaster or the board for items you may want to see on the website. Please contact our webmaster or board members to present a proposal.
- These two books are exclusionary, one book relates to illness and one relates to pain. People have told us that these books make people feel left out or excluded because that cannot relate to them.
- It is confusing to newcomers because they do not know which books to buy. This is a concern for those who have limited income.
- We cannot put our logo on books that are not written by the CPA fellowship.
- Love the archive idea, because this is what CPA began with.
- These books don't fall in line with Tradition One- Unity.

#### **Discussion – CON:**

- Easier to use the Martha Cleveland book rather than the Recipe for Recovery for working the steps
- It is suggested to note that these are additional resources on the website, separate from the conferenced approved books.
- Point of Order: these books are currently on separate pages on the website.
- Mediation book should be left, because we don't have one at this time.
- Point of Order: During yesterday's conference the fellowship approved the Daily Meditation Book.
- We want to read from these books and if they are not on the website, we cannot do so.
- Point of Information- "Every meeting is allowed to use anything they wish".
- It would be a great idea to keep the Martha Cleveland book on the website,
- My Home Group is upset about non CAL being off the website due to their history.
- Point of Information- History is a separate issue. To add information to the website, write to the Webmaster or the Board. Both items are exclusionary.
- We have so little conference approved literature we should at least keep the meditation book on the website.
- Why is this issue being brought up again?

- Point of Information- In 2020 it was decided to keep the NON-CAL on the website for two years and then bring it back to the Fellowship at the 2022 WSC. We neglected to review this item at the 2022 WSC, so we are doing so at this 2023 WSC.

**Substantial Unanimity has changed:** Total participants are **30**. A passing vote is **20** persons in favor.

**VOTE = FOR: 20 AGAINST: 6 ABSTAIN: 4**

**PERCENTAGE FOR: 67%**

**Minority Opinion called for:**

- We originally started with these books, such as AA was brought into at the beginning of CPA and likes that the materials are out there.
- The more information the better for those suffering, in addition to our own materials
- There are multiple materials available in other fellowships that are not on their website, and it does not have to be on the website for members to use it.

NO MEMBERS CAME FORWARD WHEN CALLED TO CHANGE THEIR VOTES

**PROPOSAL: PASSES**

## MOTIONS FOR CONFERENCE APPROVED LITERATURE

### Bulk Vote

In order to save time and keep the conference moving along, we can potentially group together literature items. We do this by facilitating what we call a "bulk-vote." You will see a small box on your screen listing

**(SATURDAY: Special Interest Meeting Statement, Guidelines for Speaking to Non-CPA Audiences, CPA Fact Sheet, and 7th Tradition Fact Sheet)** on today's agenda.

Please select all pieces of literature you are willing to include in a bulk-vote. If your group voted "yes" and you have no discussion, you will select all items. That means if your group voted "no" or had any discussion to bring up at the WSC, you will NOT select that item from the following list. In other words, blank means no to the bulk vote for that item, check mark means yes to bulk vote for that item.

Are there any questions?

May I have a motion to move forward with the poll to select which items of literature you wish to be included in the bulk vote?

**Motion approved – Anthony      Motion seconded – Janet**

**Poll: Does not pass. No items had 100% of votes.**

## Special Interest Meeting Statement

**Motion approved – Tammi C. Motion seconded – Carmen**

### **Discussion – PRO:**

- We want privacy, and People come to our meetings every week who do not meet the criteria.
- Change the word “recognize” to suggested.
- Point of Order: It was brought up to some people that members were not being recognized, and we want to be sure everyone is heard and recognized. We brought this to some special interest groups and members for the wording. This was the wording that was approved.
- Come As You Are group: In our group we do have it in our introduction, that anyone is welcome to join the meeting that day, we ask that they are respectful to the member/group privacy.
- Everyone is welcome to come to the Literature Drop ins, every Tuesday 2pmET, to suggest edits to documents, we want to hear from you.
- Question- Where can we find if meetings are Open or Closed?
- Point of Information- This information is on the website. You can email [meetings@chronicpainanonymous.org](mailto:meetings@chronicpainanonymous.org) or [serviceoffice@chronicpainanonymous.org](mailto:serviceoffice@chronicpainanonymous.org), they can help you change the status of your meeting on the website.

### **Discussion – CON:**

- Concern that the bolded words in the document are too forceful.
- Did not want “as it is a violation of privacy and trust” in the statement.
- End of life journey, if I understand, we would suggest that if a person is not at the end of life, then they should not attend the meeting.
- Request to reverse the last two paragraphs in the document. The rationale for the way it was written was explained.
- Can we add “if invited” to the end of the sentence? That can be in the meetings script.

**An amendment was called to vote** - To remove the bold type from the sentence “It is our compassionate responsibility to refrain from attending meetings that do not describe us,” and to remove the following words “as it is a violation of privacy and trust” at the end of the sentence.

### **Motion to approve Amendment A**

**Motion Leya / Seconded – Keith & Tammi C.**

- Point of Order- A delegate left the room. We will recalculate.  
A Delegate entered the zoom event just as the poll was being held. She had her hand raised as she came into the room. She has a poll on her device and can vote on the above amendment.

**VOTE = FOR: 25 AGAINST: 2 ABSTAIN: 3**

**PERCENTAGE FOR: 84%**

**Minority Opinion**

We liked the wording the way it was. Our group feels that people are not respectful of the parameters set as people are coming to our meetings without meeting the criteria. Members do not feel free to share when this happens.

Amendment MOTION: **PASSES**

**Vote on the document - Special Interest Statement with the approved Amendment above.**

**VOTE = FOR: 28 AGAINST: 1 ABSTAIN: 1**

**PERCENTAGE FOR: 94%**

**Minority Opinion called: No opinions expressed**

**MOTION: Passes**



## Speaking to Non-CPA Audiences Brochure

**Motion approved – Anthony      Motion seconded – Tammi C. / Leya**

**Discussion – PRO:**

No remarks made

**Discussion – CON:**

- This document does not cover meeting attendance verification.  
Point of Information- This is a group decision as each group is autonomous.  
(This is for tomorrow, for the healthcare professional document)

**VOTE = FOR: 27 AGAINST: 0 ABSTAIN: 3**

**PERCENTAGE FOR: 90%**

One person did not vote. Additional time was given for the last delegate to vote.

Point of Order- Was a phone Delegate able to vote on the phone?

Answer: She stated she was able to vote on her phone.

Call for Minority Opinion – **No remarks made.**

**MOTION: PASSES**

## CPA Fact Sheet

**Motion approved – Keith      Motion Seconded – Margaret P.**

- Request to put up the Fact Sheet on the screen was granted.

**Discussion – PRO:**

No remarks made.

**Discussion – CON:**

- Question: The document mentions counselors and therapists. Can we sign proof of attendance sheets?  
Point of Order:  
That is a group decision not CPA's decision. Each group is autonomous.

**VOTE = FOR: 29 AGAINST: 0 ABSTAIN: 1**

**Point of Information:** One person did not vote. Additional time was given for the last delegate to vote. It appears that one Delegate has an away sign on zoom. The vote of the individual that did not vote, was counted as an abstention.

**PERCENTAGE FOR: 97%**

**MOTION: PASSES**

## 7th Tradition Fact Sheet

**Motion approved – Keith      Motion seconded – Billy S.**

**Discussion – PRO:**

No remarks made.

**Discussion – CON:**

- Who is paid in CPA? Is it common to pay for special workers in 12 step programs?  
Point of Order – Most 12 step programs have paid workers. The Literature Chairperson is usually a paid position. Currently we are paying our Bookkeeper. We have plans in 2023 to pay our Webmaster and Executive Director "an appreciation pay"
- Point of Order – A CPASB member wanted to know if she was to vote on this proposal, as the number of voting participants may have changed. The answer is Yes.

**VOTE = FOR: 30 AGAINST: 0 ABSTAIN: 0**

**PERCENTAGE FOR: 100%**

**Minority Opinion called for: No opinions expressed.**

**MOTION: PASSES**

## Sponsorship Brochure

**Motion approved – Barry K. Motion seconded – Keith**

**AMENDMENT- On page ten (10), paragraph 2 , last sentence, an “a” was omitted before the word neighbor. Amendment would add the “a” in the appropriate place.**

### **Discussion – PRO:**

- The thoroughness of this brochure is appreciated. It is long, but it is very effective.
- This brochure should be published right away, as newcomers are always asking about sponsorship. I don't think we should wait.
- The Literature Committee spent a great deal of time on this brochure with its focus on content.

### **Discussion – CON:**

- Concern is the length and may distract newcomers from reading it.
- This brochure repeats itself (page 2 and page 6)
- Does not say how to end the relationship/
- What is a sponsorship: Lifelong commitment
- Point of order: Oftentimes the points are explained in more detail later in the document. Repetition can be a tool.
- Maybe it could be called a handbook instead of a brochure.
- The brochure should be divided into two (2) brochures.
- The *Voices of Other Members* section of this brochure should be its own brochure
- Point of Information – Many fellowships have tri-fold brochures.

**VOTE for Approval of this Literature item with the Amendment above.**

**VOTE = FOR: 29 AGAINST: 0 ABSTAIN: 1**

**PERCENTAGE FOR: 97%**

**Minority Opinion called for: No opinions expressed.**

**MOTION: PASSES**

## **One Night At A Time (ONAAT) Bookmark**

**Motion approved – Keith      Motion Seconded – Margaret/Beth**

**Discussion – PRO:**

No remarks made

**Discussion – CON:**

No remarks made

**VOTE = FOR: 29 AGAINST: 1 ABSTAIN: 0**

**PERCENTAGE FOR: 97%**

**Minority Opinion called for: No opinions expressed.**

**MOTION: PASSES**

## **For the Healthcare Professional Brochure**

**Motion approved – Barry K.      Motion seconded – Sherry D.**

**Discussion – PRO:**

This brochure is loved and seen as helpful to professionals as well as members.  
It is good for professionals.

**Discussion – CON:**

No remarks made

**VOTE = FOR: 30 AGAINST: 0 ABSTAIN: 0**

**PERCENTAGE FOR: 100%**

**MOTION: PASSES**

## CPA SERVICE BOARD REPORTS

### FINANCE

Submitted by: Janet

Service Body and Position: CPA Service Board: Treasurer

We established the Finance Committee, which is a Chronic Pain Anonymous Service Board Committee. Members consist of CPASB President, Treasurer, Executive Director and two other volunteer members. This committee creates an annual budget for the board to review and approve, researches and makes suggestions to the board about financial matters that arise between board meetings and assists the Treasurer and Executive Director in handling any day to day financial issues that need board participation.

#### Highlights from 2022

We hired a new bookkeeper who is a CPA trusted servant. This person is committed to CPA's detailed accounting, growth and has open communication.

CPA's prudent reserve has been secured.

A new bank account and PayPal accounts were opened and linked together for the CPA store in order to streamline the accounting process and track purchases.

A big high point is that we were able to reduce overall expenses by 1.25% from 2021 in a time of inflation. For example, we opted to close our brick and mortar PO Box in favor of a virtual PO Box which serves the same purpose but reduces footwork and increases convenience for the few pieces of mail that CPA receives each month.

The income from our literature sales did decrease by 17.76% which includes all types of literature. Audio book sales was the exception to that loss, and did have an increase of 66% over last year.

Our donation income, which comes from our memberships as we are fully self-supporting through our own contributions per our 7th Tradition, has increased by 79% from last year's donations. This includes a new accounting classification for Legacy and Memorial donations.

In line with the increase of donations our cash on hand has increased over the year by 86% which is a direct result of the growth of CPA's fellowship and donations.

#### Current Projects

We established a subcommittee to review and make recommendations for Legacy and Memorial donation limits to the board.

We are working with the Web team to develop additional donation payment options such as Zelle and Venmo, and also improve the capture and tracking of quarterly appeal donations.

## **Metrics**

### **Year End Financial Summary**

Cash on Hand: \$26,669

#### **Income and Expense:**

Total Income: \$22,939

Books and Literature: \$2974

Direct Public Support: \$19,959

Other Income: \$6

Total Expense: \$10,424

Accounting and Bookkeeping: \$4194

Books and Literature: \$3,866

Other miscellaneous expenses include operations such as postage, office supplies, printing of brochures, website, phone, and bank fees. Please see the WSC summary report for the more detailed financial information.

## **Closing:**

I am grateful and honored to grow and service as your CPA Treasurer. I would like to remind the fellowship that CPA's continued growth is dependent on our 7th Tradition of being fully self-supporting through each and every one's donations whether it be small or large.

## **CHRONCON**

Submitted by: Irene P

Service Body and Position: CPA Service Board: ChronCon Liaison to the Board

### **Please list accomplishments in the past year**

- ChronCon became our annual international convention sponsored by the CPASB
- Created Mission Statement
- Created guidelines for members to vote within the committee
- Proposal to use Zoom Events for the convention was approved by the CPASB
- Created an online application for CPA members to submit their applications to facilitate sessions during the convention

### **Current projects**

- Creation of ChronCon's tab on CPA's website

### **Metrics where applicable**

- Approximately 100 members passed through the 2022 Convention
- 34 surveys were received from attendees, approx. 1/3 of attendees completed surveys
- Donations saw an uptick for two days after the convention
- Donations almost doubled for the month of May vs the prior month

### **Additional information**

- ChronCon Committee meets the third Thursday of the month at 4pmET. Please stop by and see what all the fun is about, this may be the committee for you!

## COOPERATION WITH PROFESSIONAL COMMUNITIES (CPC)

Submitted by: Ron W

Service Body and Position: CPA Service Board:  
Cooperation with Professional Committee Chair

My name is Dr. Ron. Two members of this committee retired this year. I am presently the acting chairperson. I am a non-CPA retired neurosurgeon and pain specialist. This committee provides information about CPA to other professionals who have contact with individuals with chronic pain and illness.

### PLAN:

1. Recruit more CPASB members to this committee.
  - CPA member who is a professional, social worker, lawyer, or clergy.
  - Non-CPA member requirements.
  - Possess an understanding of the 12 Steps and 12 Traditions.
  - Ability to speak and write professionally and clearly.
  - Willingness to serve for 1 to 3 years.
  - Able to attend monthly Board meetings.
2. Structure
  - Chairperson: one who will speak for the committee.
    - Reports to the CPASB monthly.
    - Creates reports for the WSC, and Directors Meeting and attends both.
    - Defines goals for the year.
    - Maintains professional diversity.
  - Secretary: one who records minutes, and sends reminders to the members.
  - System of tracking with outreach, and inquiries.
  - Should have at least one additional CPASB member.
3. Create a contact letter for professionals with brochures.
4. Created a form for collecting professional referrals from CPA members which will create a shared database for professionals.
5. Created a process to provide information and structure to have CPA Meetings in assisted living, group homes, retirement communities, rehab centers, and nursing homes.



## **PUBLIC INFORMATION (PI) COMMITTEE**

Submitted by: Irene P

Service Body and Position: CPA Service Board: Liaison to the Board

### **Please list accomplishments in the past year**

In February Public Outreach's name changed to Public Information

- Created Mission Statement
- Created a PI Workbook for the Fellowship
- Members were trained on using Google Workspace

### **Current projects**

- Updating the Public Information (PI) page for CPAs website
- Proposal sent to the Board for the ARC Challenge
- All Recovery Club Challenge (ARC) runs April 1 through June 30, 2023
- Primary purpose is to spread the CPA message
- Encourage CPA members to do service
- Creating postcards & flyers to send to Clubs to share CPA information via ARC information

### **Metrics where applicable**

- N/A

### **Additional information**

- The committee is in need of a Chair and Secretary

Hi everyone – I'm Irene, and I am the CPA Service Board liaison to the Public Information Committee, formerly known as Public Outreach. In February the committee's name was changed to more accurately reflect the primary purpose, which is to spread the CPA message.

This past year, the committee created a Mission Statement, and a Public Information Workbook. We also created a challenge for CPA members to spread the CPA message and encourage the fellowship to do service work. More information will be coming in the Spring regarding this, as well as an update to the Public Information tab on CPA's website!

I want to thank the entire committee for all their hard work this past year, and I appreciate Margaret for chairing this committee and being the secretary sometimes as well!

We meet on the first Thursday of each month @ 2pm ET. We ARE in need of a Chairperson and additional committee members, stop into the meeting one month and see how fun it can be to work together to share CPA's message!

# GENERAL SERVICE OFFICE (GSVO) REPORTS

## HISTORY AND ARCHIVES

Submitted by: Halley D

Service Body and Position: General Service Virtual Office: Historian and Archivist

### Please list accomplishments in the past year

- Internal history document kept updated by various members while position unfilled
- Position filled November 29, 2022 after being empty for a couple years

### Current projects

- Maintaining internal history document
- "20 Years of CPA"
  - A project for CPA's 20th Anniversary (2024)
  - Collecting personal stories, pictures, old flyers, images of out of print/ first edition literature, amusing anecdotes, etc. Anything you might find interesting to see in a documentary about CPA. Anyone interested in sharing a part of their history with CPA please contact me at [historyarchives@chronicpainanonymous.org](mailto:historyarchives@chronicpainanonymous.org)
  - (Possible) workshop for ChronCon

### Metrics where applicable

- Not Applicable

### Additional information

- Still learning the ropes but have some fun ideas formulating for the future

Hi. I'm Halley and I am so excited to be CPA's new Archivist. This position has been empty for a while, but various trusted servants have been filling in, to ensure our internal CPA history document was kept up to date. I'd like to take this opportunity to thank everyone who helped keep our document updated: you know who you are, and your service has been greatly appreciated.

As I've been in this position for less than 2 months, there's not much else to say about 2022, other than I am learning the ropes, and I am so excited for this next year. I've already got some ideas percolating.

One project I'd like to begin this year is to create a "20 Years of CPA" piece to be presented sometime in 2024, to help celebrate our 20th Anniversary. To do this I'd like to connect with all the various parts of CPA, interview members about their history in CPA, get some fun anecdotes, pictures, flyers, etc., I would also like to have

some sort of “fun” history workshop at ChronCon. But I can’t do this alone, and know I won’t have to, because in CPA, we are never alone.

I will be reaching out to the fellowship for help with this 20th anniversary project, but if you get an idea, think of something you’d like to submit for possible use, have some stories you’d like to share, or are interested in being involved in any way please contact me at [historyarchives@chronicpainanonymous.org](mailto:historyarchives@chronicpainanonymous.org). The sooner, the better.

Lastly, I’d just like to say how grateful I am for this opportunity to be of service. I love that I am able to contribute while still working within my limits and abilities. All the members of the CPASB and GSVO are incredibly supportive and empathetic. This is literally the only time in my life I’ve actually enjoyed group projects, and I can’t wait to see what the future holds.

## LITERATURE COMMITTEE

Submitted by: Andrea K

Service Body and Position: General Service Virtual Office: Literature Chair

### Our accomplishments in the past year

- The Literature Committee completed 7 documents for CAL approval 2023:
- Special Interest Meeting Statement
- Guidelines for speaking to Non-CPA Audiences
- CPA Fact Sheet
- 7<sup>th</sup> Tradition Fact Sheet
- Sponsorship Brochure
- One Night At A Time Bookmark (ONNAT)
- For the Healthcare Professional

Also, the Literature Committee's Policies and Procedures has been updated/revised to represent our current process

- A Mission Statement was created

### Current Projects include:

- *Our Common Welfare* is in the process of becoming an audio version and getting a face lift with updated cover art
- We are reviewing the Meeting Handbook and Service Handbook for CAL approval at the 2024 WSC
- Now Exploring how to make the ONAAT bookmark into an audio version
- The Anonymity brochure is currently in Draft 1
- A CPA 20 Questions brochure is in process
- The committee is now keeping a running log of how to improve the use of feedback forms from the fellowship - all suggestions welcomed
- The 400+ fellowship submissions for our Daily Reader are in Drop Ins every Tuesday at 2pm Est

### Additional Information

- The Translation Committee has been moved from the CPA Service Board (CPASB) to the CPA General Service Virtual Office (GSVO) and is under the Literature Committee in our service structure flow chart
- I took over as Literature Committee Chair, July 2022
- We currently have 11 dedicated members on this committee

## MEETING LIAISON

Submitted by: Terry M

Service Body: General Service Virtual Office: Meeting Liaison

### Accomplishments in past year:

- Paula S. is learning Meeting Liaison tasks as her apprenticeship continues
- Transitioned World Service Conference communications to the new position of WSC Registrar
- Transitioned General Advisory Council communications to the GAC President

### Current projects

- Reply to phone and email inquiries and help register new meetings
- Coordinate with the Web Design Teams for website changes

### Metrics where applicable

- Replied to 137 phone and email inquiries (5% increase, from 131 inquiries in 2021)
- Sent an average of 54 emails / month
- Registered Groups:

	<b>Total</b>	<b>Change in 2022</b>
Face-to-face	13	- 2 *
Phone	9	0
Video	31	5
Online	2	-1
	<b>55</b>	

\* 2 F2F transferred to Zoom

My name is Terry, I live with chronic pain and illness, and I am grateful to have served as CPA's Meeting Liaison since January 2021. Paula S began her Meeting Liaison Apprenticeship this year and I have full confidence in her ability to perform the duties when she assumes this role.

Here is a summary report for 2022:

- We currently have 55 CPA Meetings on 6 different platforms:
  - 13 Face-to-face, 9 Phone, 31 Video, 2 Online
  - In 2022, we added 5 new video meetings (including first Men's zoom meeting), 2 face-to-face meetings transferred to Zoom, and 1 online meeting ended.
- Last year, CPA received 137 phone and email inquiries from people living with chronic pain and illness, healthcare professionals, insurance providers, and people starting new meetings. Thank you to the Meeting Liaison Inquiry Team and others (including Paula, Beth S, Margaret, Tammi, Tom, Janet and Laura R) for your help providing prompt and personalized responses to people who contact CPA.

- A special thanks to Alisa and Tom from our Web Design Teams, for the frequent website updates.
- When I began this service role, the Meeting Liaison was responsible for WSC, GAC and Fellowship-wide communications. This year saw the creation of the new position of WSC Registrar (thank you Sherry D!). GAC communications will transfer back to the GAC President when this position is filled. As a result, my outgoing emails decreased by nearly 33%. Communication and teamwork have continued between these different service bodies, and we all have each others' backs.
- The Meeting Liaison desk can be a busy one and I am very grateful for the supportive service culture of CPA- together we can do what I can't do alone! Thank you for letting me be a trusted servant.

## SOCIAL MEDIA

Submitted by: Catherine P./Laurelle M.

Service Body and Position: General Service Virtual Office: Social Media Coordinator

### Accomplishments in the past year

#### Current projects

- One new addition from last year is the newcomer brochure is now pinned at the top of the Facebook page which is helpful because of the information it contains. There are still queries which Cat and I have answered. Most of the questions are about how to find meetings.
- Facebook still remains the most engaged platform.
- Laurelle and Cat consistently posted memes with quotes from CPA literature.
- Social media email account: [socialmedia@chronicpainanonymous.org](mailto:socialmedia@chronicpainanonymous.org)

#### Metrics

2022-2023 Social media stats:

- Instagram: up 28 followers to 1187 total
- Facebook: up 1,000 followers to 3.9k total
- Twitter: up 13 followers to 497 total
- Some specific facebook metrics according to page likes:
- Audience: 87% women and 13% men
- Top 5 cities with respect to page likes: New York City, San Juan in Puerto Rico, Mexico City, Los Angeles, Chicago
- Countries with respect to page likes: 76% USA, 6% UK, 4% Puerto Rico, 4% Canada, 2% Mexico, 2% Australia, 1% Ireland, 1% Philippines and 1% South Africa
- The metrics are limited to the last three months due to a platform update.

#### Additional information

- 2023 planning: Laurelle to take over position and get apprentice (with continued help from Cat)

## STORE

Submitted by: Sherry D.

Service Body and Position: General Service Virtual Office: Store Manager

My name is Sherry D. and I live with chronic pain and illness. I have had the opportunity to manage the store since August of 2021.

The store uses Bluehost to access order information. Orders are filled, posted, and then marked completed on the store account. Copies of store orders and receipts for expenditures are kept in Store CPA files at my residence. Orders are generally posted in 2-3 days.

The store has made two changes. The first change occurred when the CPA mailing address was changed. A custom return address stamp was obtained and all correspondence reflects this change. Secondly, a separate bank account for the store has been obtained. This will eliminate past problems when it was difficult for the Treasurer to separate store orders from donations and will speed up service to customers.

The Store fulfilled 23 literature orders in the past year. Aside from the cost of the literature, postage was our primary expense last year. Purchases consisted of a return address stamp and a box of sturdy envelopes to mail orders. I look forward to this year and plan to update the store spreadsheet.



## WEBSITE

Submitted by: Alisa E

Service Body and Position: General Service Virtual Office: Webmaster

### Accomplishments in the past year

The Web Design Team is excited to have another productive and transformative year behind us. While our goal as a team is to ensure the website is up-to-date and functioning properly, we also have seen many improvements outside of that work on the website this year that we are really proud of that help both trusted servants and members alike to be a part of Chronic Pain Anonymous.

The first project we took on this year was the organization of the website. We redid the main menu of the site to ensure placement of information and documents is straightforward, making sure users find what they are looking for with minimal effort. The "Resources" sub-menu was changed to "Member Resources", and several pages were moved to that sub-menu: CPASB Finances, Service, and World Service Conference. These changes put the information on the website into two distinct groups: info and documents for members and info and documents for the general public.

The other big project we took on this year was our email system. Many trusted servants got new email addresses for their service positions in CPA, and our team was the one to coordinate an onboarding session for each person when they got the email address to make sure everything was set up correctly and that all their questions were answered. These new email addresses make communication with trusted servants easier and it helps us archive all of our hard work for generations to come.

A couple of other small projects were accomplished as well. We set up Google Analytics, a tool that will help both the web design team itself and other trusted servants going forward. We can use the information to see what people are looking for, what parts of the website are the most popular (thus need the most focus), etc.. We also redesigned the intergroup information boxes at the top of the meeting pages, making them much easier to read.

A big thank you to the entire fellowship for their help, support and feedback this past year! Myself and my team cannot make the website as great as it is without every conversation I have had with you all. It takes a village, and I am so appreciative of the village of amazing people that I get to do this with each day.

### Metrics where available

Not Applicable

## **Additional Information**

We are already underway on our 2023 projects, some of which we have been working on for the later half of 2022. We are completely redoing the contribute page to ensure that members and non-members alike find it easy to donate to Chronic Pain Anonymous, no matter how they want to donate. We are also creating a new page for ChronCon to make it easy to find up-to-date info on our yearly conference. Higher Power willing, we also have a wish-list for this year that includes rewriting our team's how-to document and possibly creating an FAQ page or a page just for newcomers.

We are hoping to add new team members this year as well. These members would help assisting updating meeting information or updating plugins and would also attend our monthly meetings where we plan out and design our projects and bigger changes. If this sounds like something you would be interested in, feel free to email Alisa at [webmaster@chronicpainanonymous.org](mailto:webmaster@chronicpainanonymous.org).

## NEW BUSINESS

### **Date for 2024 World Service Conference**

The WSC Planning Committee would like to set the date of the 2024 World Service Conference on Saturday January 27th, 2024 and Sunday January 28, 2024 beginning at 1:00 p.m. ET.

**Motion approved – Keith Motion seconded – Beth S.**

### **Discussion – PRO:**

### **Discussion – CON:**

- Concern that 2024 was going to be two days.
- Point of Information – The conference may be only one day. At this time, it is not possible to determine its length. The day(s) of 2024 WSC shall be determined by time needed to bring forth items to the membership for discussion and voting. If only one day is needed, it will be Sunday, January 28, 2024 from 1pm to 4pm EST.

**VOTE = FOR: 29 AGAINST: 1 ABSTAIN: 0**

**Percentage for: 97%**

**Minority Opinion called for: no responses.**

**MOTION: PASSES**

## ANNOUNCEMENTS

### Saturday

- Please let your co and alt delegate know about how the voting went today....
- This will help them tomorrow!
- All Delegates have received a **WSC feedback form** via email. Please fill this out to let us know what went well during the WSC and what could be done better. The deadline for submission is Sunday February 12th.
- The **Member Survey** is available and it should take about 5-10 minutes to complete, we encourage each of you to participate!
- All Delegates will receive the **ChronCon session submission** form, via email, for those who would like to be considered for facilitating a session at the Conference on Memorial Day weekend. The deadline for submissions is March 15.
- Please share the **Member Survey & ChronCon** application with your home group.
- Does anyone have any CPA announcements?

**Thank you all for your participation and service to CPA!**

### Sunday

- All Delegates have received a **WSC feedback form** via email. Please fill this out to let us know what went well during the WSC and what could be done better. The deadline for submission is Sunday February 12th.
- The **Member Survey** is available and it should take about 5-10 minutes to complete, we encourage each of you to participate!
- All Delegates will receive the **ChronCon session submission form**, via email, for those who would like to be considered for facilitating a session at the Conference on Memorial Day weekend. The deadline for submissions is March 15.
- Please share the Member Survey & ChronCon application with your home group.
- Does anyone have any CPA announcements?

**Thank you all, for your participation and service to CPA!**

## APPENDIX I- AGENDAS

### Saturday, January 28, 2023

The World Service Conference is a Two Day, 3-hour (each day) video recorded conference held on Zoom starting at 10:00am PT/11:00am MT/12:00pm CT/1:00pm ET.

- |  |            |
|--|------------|
| 1. Welcome & Review of Agenda            | Irene P    |
| 2. Open with Serenity Prayer             | Terry H    |
| 3. Roll Call                             | Sherry D   |
| 4. GSVO Reports                          | Letha C    |
| • Executive Director                     | Letha C    |
| • History and Archives                   | Halley D   |
| • Literature Committee                   | Andrea K   |
| • Meeting Liaison                        | Terry M    |
| • Social Media                           | Laurelle M |
| • Store                                  | Sherry D   |
| • Website                                | Alisa E    |
| 5. <b>Restorative Break</b>              |            |
| 6. Substantial Unanimity, Quorum, Voting | Irene P    |
| 7. Substantial Unanimity Vote            | Irene P    |
| 8. Proposals                             | Irene P    |
| • Chronic Pain Anonymous Service Board   |            |
| • Nominee Process                        |            |
| • Nominees for CPASB                     |            |
| • Daily Meditation                       |            |
| 9. Pending CAL Approval                  | Jes G      |
| <b>Restorative Break as needed</b>       |            |
| • Special Interest Meeting Statement     |            |
| • Speaking to Non-CPA Audiences          |            |
| • CPA Fact Sheet                         |            |
| • 7th Tradition Fact Sheet               |            |
| 10. Announcements                        | Irene P    |
| 11. Gratitude Closing                    | Billy S    |

## Sunday, January 29, 2023

The World Service Conference is a Two Day, 3-hour (each day) video recorded conference held on Zoom starting at 10:00am PT/11:00am MT/12:00pm CT/1:00pm ET.

- |   |          |
|---|----------|
| 1. Welcome & Review of Agenda                     | Irene P  |
| 2. Open with Serenity Prayer                      | Ron W    |
| 3. Roll Call                                      | Sherry D |
| 4. President of the Board                         | Jes G    |
| 5. CPASB Reports                                  | Jes G    |
| • Finance   | Janet C  |
| • ChronCon  | Irene P  |
| • Cooperation with Professional Communities (CPC) | Ron W    |
| • Public Information Committee (PI)               | Irene P  |
| 6. <b>Restorative Break</b>                       |          |
| 7. Substantial Unanimity, Quorum, Voting          | Irene P  |
| 8. Substantial Unanimity Vote                     | Irene P  |
| 9. Proposals                                      | Irene P  |
| • Removal of non-CAL from CPA website             |          |
| 10. Pending CAL Approval                          | Jes G    |
| <b>Restorative Break as needed</b>                |          |
| • Sponsorship Brochure                            |          |
| • One Night At A Time (ONAAT)                     |          |
| • For the Healthcare Professional                 |          |
| 11. 2024 WSC Date & Time Approval                 | Sherry D |
| Saturday January 27th & Sunday January 28th       |          |
| 1:00pm ET - 4:00pm ET                             |          |
| 12. Announcements                                 | Irene P  |
| 13. Gratitude Closing                             | Billy S  |

## APPENDIX II - LIST OF DELEGATES

	NAME	MEETING	POSITION
#1	Alex, Peter	Eleventh Step Meditation	D
#2	Alisa	GSVO WebMaster	GSVO
#3	Andrea	GSVO Lit Chair	GSVO
#4	Anthony, Laura S.	Come As You Are 2SLGBTQIA+	D
#5	Beth S	Just for Today	D
#6	Billy S	CPASB Member	SB
#7	Cat	XPI Intergroup	D
#8	Carmen, Elsie	Make Today Count	D
#9	Debbie, Janice, Penny	Monday Women's Phone Mtg	D
#10	Halley	GSVO Historian/Archivist	GSVO
#11	Irene P	CPASB Vice President	SB
#20	Jade D, Shannon	ONAAT	D
#13	Janet C	CPASB Treasurer	SB
#14	Jes G	CPASB President	SB
#15	Kathy T, Susan	Phone Intergroup	D
#16	Keith	Free To Be Me	D
#17	Kristin D	Attitude of Gratitude	D
#18	Laurelle	GSVO Social Media	GSVO
#19	Letha	GSVO Executive Director	GSVO
#20	Leya B	Tuesday 3pmET phone Mtg	D
#21	Margaret P.	Third Step Prayer	D
#22	Mark H	Imua-Moving Forward w/ Strength	D
#23	Marcia	It's the Journey, not the Destination	D
#24	Mike D	Open Hearts	D
#25	Amber	Faith and Footwork	D
#26	Pete	Young People's Mtg	D
#27	Renee, Patti	The Language of the Heart	D
#28	Ron	CPASB Cooperation w/ Professionals	SB
#29	Shari W	GAC Secretary	GAC
#30	Sherry D	CPASB Secretary	SB/GSVO
#31	Stephanie	Next Generation Recovery	D
#32	Suzanne J	Stronger Together Meeting	D
#33	Tammi C	Experience, Strength and Hope	D
#34	Terry H	CPASB Member	SB
#35	Terry M	GSVO Meeting Liaison	SB/GSVO
#36	Barry K., Travis	Monday Night Houston Parc	D

# APPENDIX III - 2022 STATEMENT OF ACTIVITY

## Chronic Pain Anonymous Service Board

Statement of Activity  
January - December 2022

	JAN 2022	FEB 2022	MAR 2022	APR 2022	MAY 2022	JUN 2022	JUL 2022	AUG 2022	SEP 2022	OCT 2022	NOV 2022	DEC 2022	TOTAL
Revenue													
40000 Product Sales Income													\$0.00
40010 Miscellaneous Literature	18.85	-15.69	24.70	18.95	1.60	1.60	6.30	4.20	17.50		28.30	1.75	\$108.06
40020 S of Hope eBook Sales		10.71	5.56							33.36	16.68	21.55	\$87.86
40025 S of Hope Distributor Sales	46.19	50.53	43.47	83.07	85.95	150.94	255.71	48.45	52.44	34.05	28.98	32.61	\$912.39
40035 R for Recovery eBook Sales		19.87	38.92	27.75				18.08	25.82	33.36	32.37	22.24	\$218.41
40040 R for Recovery Distributor Sale	189.90	90.63	13.65	152.59	49.93	85.10	80.13	67.28	57.79	96.11	33.13	10.74	\$926.98
40050 Our Common Welfare eBook Sales			12.44					6.22		24.88	12.44	6.22	\$62.20
40055 Our Common Welfare Distributor	41.89	27.81	30.80	27.10	50.22	2.91	29.44	11.14		13.20	22.00		\$256.51
40065 Audio Book Sales	36.37		85.73		113.47			18.03	64.20	35.71		48.01	\$401.52
<b>Total 40000 Product Sales Income</b>	<b>333.20</b>	<b>183.86</b>	<b>255.27</b>	<b>309.46</b>	<b>301.17</b>	<b>240.55</b>	<b>371.58</b>	<b>173.40</b>	<b>217.75</b>	<b>270.67</b>	<b>173.90</b>	<b>143.12</b>	<b>\$2,973.93</b>
43400 Direct Public Support													\$0.00
43404 4th Quarter Appeal											662.33	575.00	\$1,237.33
43450 Donations from Individuals	1,770.00	1,389.64	673.00	637.00	1,590.35	845.70	1,481.62	2,086.00	1,114.10	1,178.00	1,141.00	1,298.77	\$15,205.18
43455 Donations from Groups	138.00		233.00	100.00		573.43							\$1,044.43
43460 Legacies and Bequests			50.00					1,082.00	140.00	25.00	75.00	1,100.00	\$2,472.00
<b>Total 43400 Direct Public Support</b>	<b>1,908.00</b>	<b>1,389.64</b>	<b>956.00</b>	<b>737.00</b>	<b>1,590.35</b>	<b>1,419.13</b>	<b>1,481.62</b>	<b>3,168.00</b>	<b>1,254.10</b>	<b>1,203.00</b>	<b>1,878.33</b>	<b>2,973.77</b>	<b>\$19,958.94</b>
46400 Other Types of Income													\$0.00
46410 Interest Income	0.04	0.03	0.03	0.03	0.03	0.03	0.03	0.04	0.03	0.04	0.03	0.03	\$0.39
<b>Total 46400 Other Types of Income</b>	<b>0.04</b>	<b>0.03</b>	<b>0.03</b>	<b>0.03</b>	<b>0.03</b>	<b>0.03</b>	<b>0.03</b>	<b>0.04</b>	<b>0.03</b>	<b>0.04</b>	<b>0.03</b>	<b>0.03</b>	<b>\$0.39</b>
PayPal Sales								0.00					\$0.00
Sales		3.30	2.56										\$5.86
<b>Total Revenue</b>	<b>\$2,241.24</b>	<b>\$1,576.83</b>	<b>\$1,213.86</b>	<b>\$1,046.49</b>	<b>\$1,891.55</b>	<b>\$1,659.71</b>	<b>\$1,853.23</b>	<b>\$3,341.44</b>	<b>\$1,471.88</b>	<b>\$1,473.71</b>	<b>\$2,052.26</b>	<b>\$3,116.92</b>	<b>\$22,939.12</b>
GROSS PROFIT	<b>\$2,241.24</b>	<b>\$1,576.83</b>	<b>\$1,213.86</b>	<b>\$1,046.49</b>	<b>\$1,891.55</b>	<b>\$1,659.71</b>	<b>\$1,853.23</b>	<b>\$3,341.44</b>	<b>\$1,471.88</b>	<b>\$1,473.71</b>	<b>\$2,052.26</b>	<b>\$3,116.92</b>	<b>\$22,939.12</b>
Expenditures													
60900 Business Expenses													\$0.00
60925 Bank Charges		12.00										16.00	\$28.00
<b>Total 60900 Business Expenses</b>		<b>12.00</b>										<b>16.00</b>	<b>\$28.00</b>
62100 Contract Services													\$0.00
62150 Outside Contract Services Office				60.00									\$60.00
62155 Bookkeeping Services	257.58	349.38	570.78	432.00	218.70	337.50	216.00	368.82	432.00	324.00	316.08	301.32	\$4,124.16
62190 Legal Fees									10.00				\$10.00
<b>Total 62100 Contract Services</b>	<b>257.58</b>	<b>349.38</b>	<b>570.78</b>	<b>492.00</b>	<b>218.70</b>	<b>337.50</b>	<b>216.00</b>	<b>368.82</b>	<b>442.00</b>	<b>324.00</b>	<b>316.08</b>	<b>301.32</b>	<b>\$4,194.16</b>
63000 Website													\$0.00
63010 Website Hosting				18.99					18.99	19.99			\$57.97
63015 Website Maintenance				108.04			105.23						\$213.27
63025 Website Development								29.00					\$29.00
<b>Total 63000 Website</b>				<b>127.03</b>			<b>105.23</b>	<b>29.00</b>	<b>18.99</b>	<b>19.99</b>			<b>\$300.24</b>
65000 Operations													\$0.00
65020 Postage, Mailing Service	120.50	7.00	2.32	2.60	1.90	14.27	6.18	4.30	4.20	12.87	5.44	5.57	\$187.15
65023 ChronCon Expenses						94.70			333.57				\$428.27
65039 Office Expenses										56.13	75.00		\$131.13
65040 Supplies									21.92				\$21.92
65047 Telephone	23.68	23.68	24.68	24.68	24.68	24.68	24.68	24.68	24.68	24.68	24.68	24.68	\$294.16
65050 Computer/Internet		149.90											\$149.90
<b>Total 65000 Operations</b>	<b>144.18</b>	<b>180.58</b>	<b>27.00</b>	<b>27.28</b>	<b>26.58</b>	<b>133.65</b>	<b>30.86</b>	<b>28.98</b>	<b>384.37</b>	<b>93.68</b>	<b>105.12</b>	<b>30.25</b>	<b>\$1,212.53</b>
65100 Book and Literature Expenses													\$0.00
65105 Editing					166.25	43.75		26.25	8.75				\$245.00
65110 Design							617.94						\$617.94
65125 Audiobook Costs												2,967.00	\$2,967.00
65200 Ongoing Book Expenses			12.00					12.00		12.00			\$36.00
<b>Total 65100 Book and Literature Expenses</b>			<b>12.00</b>		<b>166.25</b>	<b>43.75</b>	<b>617.94</b>	<b>38.25</b>	<b>8.75</b>	<b>12.00</b>		<b>2,967.00</b>	<b>\$3,865.94</b>
Exchange Rate Gain/Loss	131.20				0.66		0.64	1.58	8.16	0.06	-0.93	-0.30	\$141.07
PayPal Fees	59.61	40.50	39.84	38.94	58.44	51.90	46.25	99.23	48.31	46.27	75.46	77.51	\$682.26
<b>Total Expenditures</b>	<b>\$592.57</b>	<b>\$582.46</b>	<b>\$649.62</b>	<b>\$685.25</b>	<b>\$470.63</b>	<b>\$566.80</b>	<b>\$1,016.92</b>	<b>\$565.86</b>	<b>\$910.58</b>	<b>\$496.00</b>	<b>\$495.73</b>	<b>\$3,391.78</b>	<b>\$10,424.20</b>
NET OPERATING REVENUE	<b>\$1,648.67</b>	<b>\$994.37</b>	<b>\$564.24</b>	<b>\$361.24</b>	<b>\$1,420.92</b>	<b>\$1,092.91</b>	<b>\$836.31</b>	<b>\$2,775.58</b>	<b>\$561.30</b>	<b>\$977.71</b>	<b>\$1,556.53</b>	<b>\$-274.86</b>	<b>\$12,514.92</b>
NET REVENUE	<b>\$1,648.67</b>	<b>\$994.37</b>	<b>\$564.24</b>	<b>\$361.24</b>	<b>\$1,420.92</b>	<b>\$1,092.91</b>	<b>\$836.31</b>	<b>\$2,775.58</b>	<b>\$561.30</b>	<b>\$977.71</b>	<b>\$1,556.53</b>	<b>\$-274.86</b>	<b>\$12,514.92</b>